

Astro-Health Forecast for

George Clooney

May 6, 1961

2:58 AM

Lexington Manor, Kentucky

May 20, 2014 - May 20, 2015

THE ASTRO-MEDICAL FORECAST IS DESIGNED FOR USE ONLY BY QUALIFIED, LICENSED PHYSICIANS!!!! IT IS ILLEGAL TO SELL THIS REPORT BECAUSE MEDICAL DIAGNOSIS CAN BE GIVEN ONLY BY LICENSED PHYSICIANS. QUALIFIED, LICENSED PHYSICIANS WHO ARE ALSO TRAINED IN ASTROLOGY CAN USE THIS REPORT TO AUGMENT THEIR MEDICAL DIAGNOSIS AND PROGNOSIS FOR A CLIENT'S CONDITION.

Given below is technical information that the Medical Forecast is based on:

Tropical/Placidus NATAL CHART

Calculated for time zone 0 hours

Natal positions:

Sun=15TA33 Moon=27CP58 Merc=20TA45 Ven=13AR04 Mars= 0LE09
 Jup= 6AQ34 Sat=29CP51 Ura=21LE41 Nep= 9SC48 Plu= 5VI34
 Asc=12PI00

PLANET-TO-PLANET SELECTIONS

Natal: Sun Moon Merc Ven Mars Jup Sat Ura Nep Plu Asc

Transiting: Sun Moon Merc Ven Mars Jup Sat Ura Nep Plu

	ASPECT	ORB		ASPECT	ORB
Conj	(0 deg 00 min)	1 deg 00 min	Oppos	(180 deg 00 min)	1 deg 00 min
Sqr	(90 deg 00 min)	1 deg 00 min	Trine	(120 deg 00 min)	1 deg 00 min
Sxtil	(60 deg 00 min)	1 deg 00 min	Qucnx	(150 deg 00 min)	1 deg 00 min

May 19, 2014 12 AM(May 19, 2014 to May 20, 2014) Sun Trine Moon

Today you'll feel great and on top of the world on all levels. Energy wise, you're ready to tackle the world. An excellent day for therapy, because it will be easy to dig into your unconscious and deeper emotional superstructure. If other hard aspects occur today, then some of your high energy will be modified or otherwise sublimated.

May 20, 2014 2 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 20, 2014 8 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate,

try Sepia (hr).

May 20, 2014 9 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 20, 2014 10 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 20, 2014 11 PM(May 19, 2014 to May 22, 2014) Sun Trine Sat

This is a period of marvelous, sustained energy for you. Your energy won't be sky high, but you will find that you have a reserve of energy to plod along for long periods without the normal need for rest or sleep. Mentally, you're strongly focused on your goals and what you want out of life. This makes for good health! Everything you do during this period, should be in moderation. A great time to diet and lose those unwanted pounds!! In fact, this is the BEST time to diet. You will be able to adhere to the diet regime with great success. Dietwise, you WANT to clean up your act. You will eat more sparingly throughout this period, and desire more vegetables, grains and fruit than meat or other "heavy" foods such as pastas, potatoes or other starches. If there are other hard aspects at this time, the above is modified to a degree.

May 21, 2014 7 AM(May 21, 2014 to May 22, 2014) Sun Sxtil Mars

A time of peak high energy physically. A period where you can work long hours without seemingly getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

May 21, 2014 1 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 21, 2014 10 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly

"running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

May 23, 2014 2 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 24, 2014 2 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

May 24, 2014 9 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 25, 2014 9 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

May 25, 2014 10 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 26, 2014 3 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 26, 2014 7 PM(May 25, 2014 to May 28, 2014) Merc Qucnx Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 26, 2014 10 PM(May 25, 2014 to May 27, 2014) Sun Sqr Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

May 27, 2014 8 AM(May 27, 2014 to May 28, 2014) Ven Sqr Moon

Because your emotions are being battered, you may reach for sugar products or sweets to buoy you during this period. Check B-2 deficiency symptoms that may contribute to sweet hunger. Or, consider a B-complex during this period to support potentially depressed immune system. If you have hypoglycemia or diabetes, this period may bring about a crisis--watch food intake and insulin needs.

May 27, 2014 12 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 27, 2014 1 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 27, 2014 11 PM(May 27, 2014 to May 28, 2014) Sun Trine Jup

The world appears in shades of rose colors and positives right now to you mentally and emotionally. It's a time of happiness, contentment and being at peace with yourself and those around you. This is an excellent time to diet and lose weight, if you need to. Reward yourself with the gift of education, whether it be through taking a school course, reading a book or simply learning by observing things or people around you. This is a time for rewards. Healthwise, you're in good shape, or as good as you can be. All systems are "go", and energy is constant, and sometimes, even excessive. "Bleed off" this energy in positive ways for yourself.

Some of you may be tempted to reward yourself with too many sweets, which can cause a weight gain--so watch this tendency throughout this period. Stick to a high carbohydrate diet, if possible, and lots of vegetables/fruits instead of meats, rich sauces and heavy desserts. Because you're feeling so good, you may go overboard in some way. Just make sure it's not on foods or sweets! Find your pleasures in a colorful sunset or watching a yellow and black Monarch butterfly waft through the blue sky on invisible wind currents. You feel beautiful and ARE beautiful. Share and connect with the beauty that is always all around you during this time. Hard aspects from other planets that may be in effect now may modify the above.

May 28, 2014 11 PM(May 28, 2014 to May 29, 2014) Ven Sqr Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

May 28, 2014 11 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on May 24, 2014 (peak date). Please refer to this date.

May 29, 2014 4 AM(May 29, 2014 to May 30, 2014) Merc Qucnx Sat

Possible mild depression, with a gloomy outlook for a couple of days. Exercise in some form, will help "lift" outlook. Nervous exhaustion that may be helped with B-I or Calm's Forte (hr). If beaten down via nerve induced stress, a possible cold may occur. Try taking Vitamin C during this transit to alleviate this possibility.

May 29, 2014 5 AM(May 29, 2014 to May 30, 2014) Ven Sqr Mars

If not getting proper support for your love and emotions, there is a tendency to replace it with sugar products or binge eating. Check for B-2 deficiency symptoms to curb sugar hunger. Skin may get dry during this period. Check Vitamin E deficiency symptoms. For women, possible problems with menstrual cycle. Vitamin E may help. Generally, if emotionally upset, indigestion which may be helped with Nat. Phos. (hr). Possible weight gain.

May 29, 2014 6 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on May 20, 2014 (peak date). Please refer to this date.

May 30, 2014 2 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

May 31, 2014 8 AM(May 31, 2014 to June 1, 2014) Sun Qucnx Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

May 31, 2014 (Jan 24, 2014 to July 13, 2014) Plu Sqr Ven

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If ski ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

June 2, 2014 1 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 2, 2014 2 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 2, 2014 10 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

June 3, 2014 4 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

June 3, 2014 4 PM(June 2, 2014 to June 4, 2014) Ven Sqr Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

June 3, 2014 6 PM(June 2, 2014 to June 4, 2014) Sun Sxtil Ven

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

June 3, 2014 8 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

June 3, 2014 10 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

June 4, 2014 2 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on May 30, 2014 (peak date). Please refer to this date.

June 5, 2014 1 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

June 6, 2014 10 AM(June 6, 2014 to June 7, 2014) Ven Oppos Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

June 8, 2014 5 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

June 9, 2014 10 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 9, 2014 11 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 10, 2014 4 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

June 10, 2014 11 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

June 11, 2014 1 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

June 12, 2014 1 PM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on June 3, 2014 (peak date). Please refer to this date.

June 12, 2014 6 PM(June 12, 2014 to June 13, 2014) Sun Sxtil Ura

This is one time that you can view stress as a positive, exhilarating and exciting "high." Your nerves are like steady, steel cables, so you can take the brute force of ANY kind of stress and turn it into a positive. Unexpected things happen in your daily life, but you'll be able to cope with them magnificently. Your health is prime, and you can take anything the world throws at you during this period. If hard aspects are in effect, the above may be modified.

June 13, 2014 2 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on June 8, 2014 (peak date). Please refer to this date.

June 13, 2014 5 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 15, 2014 4 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

June 15, 2014 2 PM(June 11, 2014 to June 18, 2014) Mars Oppos Ven

If feeling exhausted or excessively tired from the normal, possible anemia. May be deficient in either B-12 or Iron. Eating binges on sweets possible if you're trading real affection off for food. Communication with loved ones may be needed. If craving chocolate, try Sepia (hr). Skin may be drier than normal. Try Vit. E. If skin problems erupt, Sulphur (hr) may help. Weight gain because of ingesting too many sweets or starches.

June 15, 2014 5 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 15, 2014 6 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 16, 2014 2 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

June 16, 2014 9 AM Moon Sqr Nep

This astrological influence (Moon Sqr Nep) also occurred on June 2, 2014 (peak date). Please refer to this date.

June 16, 2014 12 PM(June 16, 2014 to June 17, 2014) Ven Sqr Ura

Sudden binge eating episodes or craving for sugar. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Blood pressure may change--if under sudden, traumatic stress, have it checked out. Sudden and unexpected skin changes. Check for Vit. E deficiency symptoms. Or, if sudden skin ailments erupt, try Sulphur (hr).

June 16, 2014 3 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

June 17, 2014 3 AM Moon Sqr Merc

This astrological influence (Moon Sqr Merc) also occurred on June 3, 2014 (peak date). Please refer to this date.

June 17, 2014 5 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

June 17, 2014 5 PM(June 15, 2014 to June 19, 2014) Merc Qucnx Sat

Possible mild depression, with a gloomy outlook for a couple of days. Exercise in some form, will help "lift" outlook. Nervous exhaustion that may be helped with B-l or Calm's Forte (hr). If beaten down via nerve induced stress, a possible cold may occur. Try taking Vitamin C during this transit to alleviate this possibility.

June 17, 2014 7 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on June 13, 2014 (peak date). Please refer to this date.

June 18, 2014 4 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

June 19, 2014 7 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on June 15, 2014 (peak date). Please refer to this date.

June 19, 2014 8 AM(June 18, 2014 to June 20, 2014) Sun Qucnx Moon

More than likely your emotions are apt to be flaring or over-reacting to the people or environment around you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with mild depression setting in.

June 20, 2014 7 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on June 16, 2014 (peak date). Please refer to this date.

June 20, 2014 3 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

June 21, 2014 12 AM(June 19, 2014 to June 22, 2014) Merc Qucnx Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

June 21, 2014 7 AM(June 20, 2014 to June 22, 2014) Sun Qucnx Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byronia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

June 22, 2014 3 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 22, 2014 3 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 22, 2014 9 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

June 23, 2014 10 AM(June 20, 2014 to June 26, 2014) Mars Qucnx Sun

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

June 23, 2014 6 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

June 23, 2014 7 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

June 25, 2014 6 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on June 20, 2014 (peak date). Please refer to this date.

June 25, 2014 12 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on June 16, 2014 (peak date). Please refer to this date.

June 26, 2014 9 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 27, 2014 7 AM(June 26, 2014 to June 28, 2014) Sun Sxtil Plu

This is one of the most powerful feeling times of your life. Your energy is at its highest level, and you perceive the world in positives. The ability to endure and call upon a second round of strength to pursue your goals or needs, is there. Vitality and bodily health are at a peak. Use it wisely and don't go to extremes by abusing the privilege of your body or mind. No matter what kind of illness you get during this period (if any), whether acute or chronic, you'll be able to throw it off quickly and completely. This is one of the most healing transits known. Any cure is possible right now, so begin taking the steps to complete health for yourself: mentally, emotionally, spiritually as well as physically.

This is the BEST time for therapy. If willing to plumb the depths of your own emotional matrix and what

you've suppressed up until now, you will be successful in "cleaning" yourself out. This will guarantee good health in the decades to come. So, it's worthwhile to consider some form of therapy, of getting in touch with yourself and cleaning out the bins of your subconscious. Go for it! You'll be successful!

June 28, 2014 5 AM(June 28, 2014 to June 29, 2014) Ven Sqr Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If ski ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

June 28, 2014 8 AM(June 28, 2014 to June 29, 2014) Sun Qucnx Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

June 29, 2014 1 AM(June 28, 2014 to June 30, 2014) Ven Trine Jup

Over eating will be easy at this time--so, if you don't want a weight gain--monitor your intake of how much food you eat--plus WHAT you eat! There will be a definite desire for more sweets/sugar than usual. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr).

June 29, 2014 8 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

June 29, 2014 9 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

June 30, 2014 4 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

June 30, 2014 11 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

July 1, 2014 3 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 1, 2014 5 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 1, 2014 5 PM(June 30, 2014 to July 2, 2014) Sun Trine Nep

Health is more than just a physical thing, it embraces our mental attitudes, our emotions and our spirituality. In the case of this Neptune transit, it's a time to get in touch with our spiritual being. Meditation can be a wonderful healing tool or a furtherance to good health. A walk in a park, gardening, swimming or anything that you perceive as calming and restful, should be instituted during this time period. Water is extremely healing, whether you visit the ocean, lake or stream or take a bath!

Good health has a triangular foundation consisting of three building blocks: emotions, mental attitude and lastly, our spirituality. Read books pertaining to your belief system, get back in touch with the essence of yourself with the Cosmos/God. Go attend workshops that are about spirituality. It's time now to FEED your soul, not your physical body. Hard aspects can modify the above.

July 1, 2014 6 PM(June 30, 2014 to July 2, 2014) Ven Quenx Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check

for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

July 1, 2014 9 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on June 26, 2014 (peak date). Please refer to this date.

July 2, 2014 9 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

July 5, 2014 4 AM(July 4, 2014 to July 6, 2014) Sun Sqr Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

July 6, 2014 2 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 6, 2014 7 PM(July 4, 2014 to July 9, 2014) Mars Qucnx Merc

Your nerves are the focus. If stretched too thin, or feel raw, try Calm's Forte (hr) to soothe and feed them during this period. A lot of stress is applied to you and results may be restlessness, insomnia or a tautness (unable to unwind and relax). Watch out for injuries involving your fingers and hands. Be alert around any kind of machinery, knives or appliances at this time. Loss of focus and concentration may set you up for an accident. If alert, you'll be fine. Possible nerve inflammation (Bell's Palsy). Check for B-1 deficiency symptoms. If nerves are injured, consider Hypericum (hr).

July 6, 2014 7 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

July 6, 2014 7 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

July 7, 2014 (July 2, 2014 to July 11, 2014) Jup Oppos Moon

Because emotions may be under stress, there is a tendency to binge out on food, or possibly, even Bulimia. Weight gain possible. Moods may become over exaggerated or dramatic swings There is a tendency to blow things out of proportion. Possible indigestion (liver oriented) that may be helped with lecithin. Check deficiency symptoms of B-6. Check cholesterol and triglyceride levels. Vit. F, Vit. E and lecithin may help in lowering it, if it is up. FOR WOMEN: Water weight problems that might be helped with B-6 or Nat. Mur. (hr). PMS may be worse than usual. Try Sepia (hr). Mood swings may increase, particularly if your menstrual cycle begins five days before a full moon. Sepia (hr) will help. Reproductive problems, involving either breast or uterus. Try Sepia (hr).

July 7, 2014 1 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

July 8, 2014 9 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 8, 2014 11 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 10, 2014 12 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on June 30, 2014 (peak date). Please refer to this date.

July 10, 2014 12 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on July 6, 2014 (peak date). Please refer to this date.

July 10, 2014 7 PM(July 9, 2014 to July 12, 2014) Merc Qucnx Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 11, 2014 3 AM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

July 12, 2014 2 PM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 13, 2014 12 AM(July 11, 2014 to July 14, 2014) Merc Qucnx Sat

Possible mild depression, with a gloomy outlook for a couple of days. Exercise in some form, will help "lift" outlook. Nervous exhaustion that may be helped with B-I or Calm's Forte (hr). If beaten down via nerve induced stress, a possible cold may occur. Try taking Vitamin C during this transit to alleviate this possibility.

July 13, 2014 3 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

July 13, 2014 3 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

July 13, 2014 5 AM(July 12, 2014 to July 14, 2014) Sun Sxtil Merc

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

July 13, 2014 12 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

July 13, 2014 7 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

July 14, 2014 12 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

July 14, 2014 12 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 14, 2014 2 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 15, 2014 3 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on July 11, 2014 (peak date). Please refer to this date.

July 15, 2014 12 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

July 15, 2014 (July 11, 2014 to July 20, 2014) Jup Oppos Sat

Assimilation of nutrients may be worse than usual. Try an enzyme tablet before each meal to increase absorption of vitamins and minerals. An excellent time to begin a diet, because resolve I firmer at this time. Hypoglycemia (liver) or diabetes (pancreas) may appear. Check with blood test from doctor. Liver complaint in general may be involved. If suffering from indigestion, try lecithin or Lycopodium (hr). Possible gallbladder involvement, try lecithin. Skin problems may erupt, try Sulphur (hr). Your feelings of insecurity or inadequacy may increase, and if they do, you may substitute food for the feeling--watch what you're eating and how much of it. Circumstances may be making you feel as if responsibilities are simply too heavy to carry by yourself any longer. If feeling decidedly pessimistic and depressed, try Aurum Met. (hr).

July 16, 2014 2 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on July 12, 2014 (peak date). Please refer to this date.

July 16, 2014 10 PM (July 16, 2014 to July 17, 2014) Ven Qucnx Moon

A desire for more sweets or desserts at this time. There may be a need for extra B-2 during this time period to help curb excess sugar hunger. Check for deficiency symptoms.

July 17, 2014 (July 12, 2014 to July 21, 2014) Jup Conj Mars

Possible blood disorders, such as anemia. If tired, fatigued and exhausted, check Iron, B-6 and Cobalt deficiency symptoms. More muscle strains than usual. Try Arnica (hr). Or, if more serious with ligament/tendon involvement, try Ruta. Grav. or Rhus. Tox. (hr). Cholesterol levels are suspect--go in and get it checked out. If high, try Vit. E, Vit. F and lecithin to lower, plus a common sense change in diet habits. A period of great exertion on some level of self. A tendency toward extremism, such as turning into a workaholic. Good time to diet, as metabolism is burning at a higher, faster rate. FOR MEN: prostate enlargement possible and can be helped with Zinc. Check deficiency symptoms.

July 17, 2014 2 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on July 13, 2014 (peak date). Please refer to this date.

July 17, 2014 9 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

July 18, 2014 11 AM(July 18, 2014 to July 19, 2014) Ven Qucnx Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

July 18, 2014 6 PM(July 18, 2014 to July 19, 2014) Merc Qucnx Jup

Nerves are on edge and sweet things, especially sugar and desserts, will appeal greatly to you. Weight gain due to nervousness and over eating. If craving chocolate, try Sepia (hr) to neutralize it. Indigestion

possible from nervousness. Try Lycopodium (hr). Possible B-1 deficiency which can also cause sugar craving.

July 19, 2014 9 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

July 19, 2014 9 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

July 20, 2014 3 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

July 20, 2014 7 PM(July 20, 2014 to July 21, 2014) Sun Oppos Moon

More than likely your emotions are apt to be flaring or over reacting to the people or environment around you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with mild depression setting in.

July 20, 2014 11 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 21, 2014 1 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 22, 2014 4 AM(July 20, 2014 to July 24, 2014) Mars Sqr Moon

For women, possible menstrual/menopausal problems. Abnormal menstrual bleeding, try Kali. Mur. (hr). If getting "hot flashes" try Sepia (hr). A focus on the breasts and uterus during this period. Possible water retention/swelling. Check for Potassium deficiency. Limit intake of salt, which helps cause this condition. Try Nat. Mur. (hr) to curb salt craving. For both sexes: If tired and exhausted, check for anemia. Emotions will be emphasized, and if negative, depress the immune system, leaving you ripe for colds or flu. Try a B-Complex to support system if under duress. Or use in conjunction with Vit. C. Over consumption of dairy products (milk, cheese, ice cream)--limit your intake.

July 22, 2014 12 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on July 17, 2014 (peak date). Please refer to this date.

July 22, 2014 6 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on July 14, 2014 (peak date). Please refer to this date.

July 22, 2014 6 PM(July 22, 2014 to July 23, 2014) Sun Oppos Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byronia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

July 23, 2014 12 AM(July 22, 2014 to July 24, 2014) Merc Sqr Ven

You're nerves are on edge due to possible lack of affection or love during this period. You might unconsciously eat sweets to make up for lack of attention. Try Sepia (hr) if you have a chocolate craving attack.

July 23, 2014 1 AM(July 22, 2014 to July 24, 2014) Sun Conj Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

July 24, 2014 1 AM(July 24, 2014 to July 25, 2014) Ven Qucnx Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

July 24, 2014 3 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

July 24, 2014 11 AM(July 24, 2014 to July 25, 2014) Merc Sxtil Sun

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

July 25, 2014 7 PM(July 23, 2014 to July 27, 2014) Mars Sqr Sat

Bone related ailments may crop up at this time. This is a "grit your teeth" time, so problems with teeth, fillings or root canals can manifest. If a root canal is eminent, try Hepar. Sulph. (hr) to get rid of infection and settle the tooth back to normal. Bone breaks, try Symphytum (hr). Possible phlebitis, try Vit. C and E. Anemia is possible. Check B-12 deficiency symptoms. Arthritic conditions may pop up. Check Calcium and Magnesium (Dolomite) and Vit. D for deficiency symptoms to halt. Ruta Grav. or Rhus. Tox. (hr) may also give relief. Gallbladder problem can be helped with lecithin. In general, a period that breeds frustration, which manifests in a pressure cooker of feelings being blocked up inside of you. If the energy is not "drained" or released, it may make you prone to accidents in general, but especially involving cars, knives, firearms, fires (burns) and appliances. Other kinds of accidents could involve muscle pulls, try Arnica (hr). If tendon/ligament involved, try Ruta. Grav. or Rhus. Tox. (hr). Try to deal

positively with the frustration you're having to endure with mild exercise, meditation or music to help "bleed off" excess energy.

July 26, 2014 3 PM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

July 26, 2014 3 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

July 27, 2014 11 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

July 27, 2014 5 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

July 28, 2014 9 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 28, 2014 11 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

July 29, 2014 3 AM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on July 24, 2014 (peak date). Please refer to this date.

July 29, 2014 3 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

July 29, 2014 6 PM(July 28, 2014 to July 30, 2014) Sun Oppos Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

July 30, 2014 11 PM(July 30, 2014 to July 31, 2014) Merc Oppos Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

July 31, 2014 11 AM(July 30, 2014 to Aug 1, 2014) Ven Sxtil Sun

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Aug 1, 2014 12 AM(Aug 1, 2014 to Aug 2, 2014) Merc Conj Mars

You're a case of nervous, and seemingly inexhaustible energy. Careful where you focus it. Possible injuries to fingers or hands, by burns or around mechanical contraptions. Muscle sprains or strains are also possible. If feeling "wired" try Calm's Forte (hr) which is designed to feed the nerves and quiet them.

Aug 2, 2014 4 AM(Aug 1, 2014 to Aug 3, 2014) Sun Sqr Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

Aug 2, 2014 9 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 3, 2014 3 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 3, 2014 3 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 3, 2014 9 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Aug 4, 2014 3 AM(Aug 3, 2014 to Aug 5, 2014) Merc Oppos Jup

Nervousness on a big time scale is going to make you feel restless, even frantic occasionally. Insomnia may occur. Try Calm's Forte (hr) to soothe and feed your nerves during this time. Insomnia is a possibility. Binge eating a possibility. Bleed off excess nerves with some mild form of exercise.

Aug 4, 2014 5 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 4, 2014 7 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Aug 5, 2014 2 PM(Aug 5, 2014 to Aug 6, 2014) Sun Trine Ven

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Aug 5, 2014 4 PM(Aug 5, 2014 to Aug 6, 2014) Merc Sqr Nep

Mentally feeling diffused and you may lack concentration. Try Kali. Phos. (hr) to stay alert and focused. Medical misdiagnosis possible--seek second opinion. Not a good time for surgery. Infection, malpractice or drug reaction may occur. Low tolerance to drugs in general--especially tranquilizers. Try Calm's Forte (hr), instead. The need to sleep more, and rest up. Do so.

Aug 6, 2014 9 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on July 27, 2014 (peak date). Please refer to this date.

Aug 6, 2014 10 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Aug 2, 2014 (peak date). Please refer to this date.

Aug 7, 2014 3 AM(Aug 7, 2014 to Aug 8, 2014) Mars Sqr Jup

Check cholesterol and triglycerides level. If excessively tired or fatigue, it may be Anemia, and a greater need for B-6 to assimilate iron. Check for deficiency. Without enough B-6, B-12 and Iron cannot be assimilated. Possible liver dysfunction may show up as indigestion. Try Chelidonium (hr). Lecithin helps

lower cholesterol and triglyceride levels, and also aids in digestive processes that involve the liver. A good time to initiate a diet or some form of exercise. Metabolism burns at a faster rate, therefore easier to take off unwanted pounds. Muscle strains possible, try Arnica (hr). Possible ligament/tendon injury, try Ruta Grav. or Rhus. Tox (hr). FOR MEN: possible prostate enlargement--may be due to lack of Zinc. Check for deficiency.

Aug 7, 2014 6 AM(Aug 7, 2014 to Aug 8, 2014) Merc Trine Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

Aug 7, 2014 2 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 8, 2014 11 AM(Aug 7, 2014 to Aug 9, 2014) Merc Sqr Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Aug 9, 2014 1 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Aug 9, 2014 2 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 9, 2014 2 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 9, 2014 11 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Aug 10, 2014 5 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Aug 10, 2014 10 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Aug 10, 2014 4 PM(Aug 9, 2014 to Aug 11, 2014) Ven Oppos Moon

You'll desire sweets more than usual during this period. Possibly, a B-2 supplement is in order to curb this desire. Check for deficiency symptoms. Over eating or binge eating is possible due to emotional developments that are stressful.

Aug 10, 2014 10 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 11, 2014 12 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Aug 11, 2014 11 AM(Aug 11, 2014 to Aug 12, 2014) Merc Conj Ura

Nerves are taut, you're restless and super energized. Be careful around electrical appliances and plugs. Possible electric shocks. Accident prone--pay attention to what you're doing; don't lose focus or concentration. You may bump into things, and drop objects. Try Calm's Forte (hr) to soothe and feed your nerves.

Aug 11, 2014 1 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Aug 7, 2014 (peak date). Please refer to this date.

Aug 11, 2014 10 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Aug 12, 2014 4 AM(Aug 11, 2014 to Aug 13, 2014) Ven Oppos Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

Aug 12, 2014 10 AM(Aug 11, 2014 to Aug 13, 2014) Ven Conj Mars

The desire for sweets or sugar may become intense. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Possible weight gain during this period. Binge eating or over eating due to love/affection emotions not being properly supported.

Aug 12, 2014 6 PM(Aug 11, 2014 to Aug 14, 2014) Mars Conj Nep

Misdiagnosis of some vague health condition is very possible. Please seek second or third opinion. Be very careful taking any kind of drugs (including alcohol). There may be an allergic reaction, or adverse side effect from taking them. Allergies may crop up, try Sabadilla (hr). Entire immune system under heavy stress, and can fold easily. Colds/flu are especially rampant during this transit. Try Vit. C to stabilize immune system, along with Vit. A. Check out deficiency symptoms. A general feeling of lethargy, no energy and no reserves. Possible adrenal exhaustion and Pantothenic Acid may help. See deficiency symptoms. Rest and sleep are a must! Get plenty of both. This is NOT the time to push hard or be a workaholic. If you do/are, then you'll be catching a lot of viruses to slow you down! You are extremely susceptible to any bacterial/viral poisoning right now. If food poisoning or botulism, try Arsenicum (hr) to relieve immediately. If under constant stress, try Aconitum (hr) to relieve it, or Rescue Remedy (bfr). Grade fevers, vague complaints and no clear cut symptoms of illness, and yet, you may not be feeling in tip top condition. A good time to get a general physical examination! Anemia is possible. Check for deficiency of B-12 or Iron. Use condoms during intercourse--you are particularly susceptible to ANY and ALL kinds of reproductive bacterial/viral complaints.

Aug 12, 2014 11 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Aug 9, 2014 (peak date). Please refer to this date.

Aug 13, 2014 2 PM(Aug 13, 2014 to Aug 14, 2014) Sun Sqr Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Aug 13, 2014 11 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Aug 9, 2014 (peak date). Please refer to this date.

Aug 14, 2014 6 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run

during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Aug 14, 2014 1 PM(Aug 13, 2014 to Aug 15, 2014) Sun Conj Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

Aug 14, 2014 4 PM(Aug 14, 2014 to Aug 15, 2014) Merc Qucnx Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 15, 2014 3 PM(Aug 15, 2014 to Aug 16, 2014) Merc Qucnx Sat

Possible mild depression, with a gloomy outlook for a couple of days. Exercise in some form, will help "lift" outlook. Nervous exhaustion that may be helped with B-1 or Calm's Forte (hr). If beaten down via nerve induced stress, a possible cold may occur. Try taking Vitamin C during this transit to alleviate this possibility.

Aug 15, 2014 4 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 15, 2014 5 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 16, 2014 10 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run

during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Aug 17, 2014 6 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 17, 2014 7 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Aug 17, 2014 4 PM(Aug 17, 2014 to Aug 18, 2014) Ven Oppos Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

Aug 18, 2014 7 AM(Aug 16, 2014 to Aug 19, 2014) Mars Qucnx Ven

If feeling exhausted or excessively tired from the normal, possible anemia. May be deficient in either B-12 or Iron. Eating binges on sweets possible if you're trading real affection off for food. Communication with loved ones may be needed. If craving chocolate, try Sepia (hr). Skin may be drier than normal. Try Vit. E. If skin problems erupt, Sulphur (hr) may help. Weight gain because of ingesting too many sweets or starches.

Aug 18, 2014 4 PM(Aug 18, 2014 to Aug 19, 2014) Merc Conj Plu

Intense time of heightened activity which will press nerves to a possible breaking point. Protect them with Calm's Forte (hr). Possible mental burn out. Try Kali. Phos. (hr) to feed brain cells to keep going at intense pace successfully.

Aug 18, 2014 5 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Aug 14, 2014 (peak date). Please refer to this date.

Aug 19, 2014 12 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Aug 19, 2014 5 AM(Aug 19, 2014 to Aug 20, 2014) Merc Qucnx Jup

Nerves are on edge and sweet things, especially sugar and desserts, will appeal greatly to you. Weight gain due to nervousness and over eating. If craving chocolate, try Sepia (hr) to neutralize it. Indigestion possible from nervousness. Try Lycopodium (hr). Possible B-1 deficiency which can also cause sugar craving.

Aug 20, 2014 7 AM(Aug 19, 2014 to Aug 21, 2014) Ven Sqr Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Aug 20, 2014 9 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 21, 2014 2 AM(Aug 21, 2014 to Aug 22, 2014) Sun Qucnx Moon

More than likely your emotions are apt to be flaring or over-reacting to the people or environment around you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with

mild depression setting in.

Aug 22, 2014 9 AM(Aug 20, 2014 to Aug 23, 2014) Mars Oppos Sun

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Aug 22, 2014 8 PM(Aug 22, 2014 to Aug 23, 2014) Merc Quenx Ven

Because you may be nervous and more on edge than normal, you could develop a mild sweet tooth and crave sugar and desserts more than normal. Mentally, you're in a good state of mind and happy.

Aug 22, 2014 9 PM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 22, 2014 9 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 23, 2014 1 AM(Aug 23, 2014 to Aug 24, 2014) Sun Quenx Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byrronia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

Aug 23, 2014 5 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of

confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Aug 23, 2014 11 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Aug 24, 2014 7 AM(Aug 23, 2014 to Aug 25, 2014) Merc Trine Sun

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Aug 24, 2014 3 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 24, 2014 5 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Aug 25, 2014 9 AM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Aug 20, 2014 (peak date). Please refer to this date.

Aug 25, 2014 9 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will

depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Aug 28, 2014 11 PM(Aug 27, 2014 to Aug 30, 2014) Sun Conj Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

Aug 29, 2014 3 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Aug 30, 2014 12 AM(Aug 28, 2014 to Aug 31, 2014) Sun Qucnx Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Aug 30, 2014 (Aug 25, 2014 to Sep 4, 2014) Jup Sqr Nep

A time when you can be misdiagnosed! Get a second, or even a third, opinion! The immune system is depressed, allowing greater frequency of colds or flu. Try Vit. C, to alleviate. Potential blood ailments having to do with bacterial or viral infection. Check for anemia, possible staph or strep infection in bloodstream. You may have many seemingly unconnected, vague symptoms. Get to a homeopathic physician and have your case taken to get proper remedy. You will want to sleep more, rest more, and in general be out of focus with the world around you. Let yourself relax. Meditation, being alone in tranquil environment, is the best thing for you right now. Music is therapeutic. Problems with drugs of any kind (including alcohol). Allergic reactions to them, or worse, adverse side effects. If you must take, consider one-half the normal adult dose. Blood sugar level may fluctuate, check for hypoglycemia and diabetes. Potential adrenal gland exhaustion. Check Pantothenic Acid deficiency symptoms. Also, cholesterol levels may "sneak" up on you. Go in for a check to monitor it. Lecithin, Vit. E, and Vit. F may help lower it. If having to go in for surgery, possibility of infection arising from it, malpractice or problems with anesthesia during the operation. Be VERY careful about this. Elective surgery should NOT be performed during this period!

Aug 30, 2014 8 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Aug 30, 2014 9 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Aug 30, 2014 5 PM(Aug 29, 2014 to Sep 1, 2014) Mars Oppos Merc

Your nerves are the focus. If stretched too thin, or feel raw, try Calm's Forte (hr) to soothe and feed them during this period. A lot of stress is applied to you and results may be restlessness, insomnia or a tautness (unable to unwind and relax). Watch out for injuries involving your fingers and hands. Be alert around any kind of machinery, knives or appliances at this time. Loss of focus and concentration may set you up for an accident. If alert, you'll be fine. Possible nerve inflammation (Bell's Palsy). Check for B-1 deficiency symptoms. If nerves are injured, consider Hypericum (hr).

Aug 31, 2014 4 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Sep 1, 2014 12 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Sep 1, 2014 2 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 1, 2014 4 AM(Aug 30, 2014 to Sep 2, 2014) Mars Sqr Ura

Accident prone! Possible surgery or sudden, unexpected stress can traumatize you. Carry Rescue Remedy (bfr) with you during this period and take on an "as needed basis" when you're caught in a crisis. Muscle pulls and strains are possible, try Arnica (hr) If ligaments/tendons involved, try Rhus. Tox. or Ruta. Grav. (hr). This is an explosive period for your emotions. You will probably be volatile, restless, energetic and lack focus or concentration. Try Calm's Forte (hr) to soothe and feed nerves, plus get rid of unwanted insomnia. If going in for surgery during this period consider the following hr's: Arnica for bruising/trauma to tissue, and Calendula non-alcoholic liquid to speed up healing with less scarring taking place. Injury could take place on any vehicle (including airplanes). Be careful around fires (burns), firearms, appliances, knives or engines of any kind. Stay focused and remain alert, and you'll skate through this period unscathed. Don't become frenetic or unfocused. Accidents may then occur.

Sep 2, 2014 8 AM(Sep 2, 2014 to Sep 3, 2014) Sun Sxtil Nep

Health is more than just a physical thing, it embraces our mental attitudes, our emotions and our spirituality. In the case of this Neptune transit, it's a time to get in touch with our spiritual being. Meditation can be a wonderful healing tool or a furtherance to good health. A walk in a park, gardening, swimming or anything that you perceive as calming and restful, should be instituted during this time period. Water is extremely healing, whether you visit the ocean, lake or stream or take a bath!

Good health has a triangular foundation consisting of three building blocks: emotions, mental attitude and lastly, our spirituality. Read books pertaining to your belief system, get back in touch with the essence of yourself with the Cosmos/God. Go attend workshops that are about spirituality. It's time now to FEED your soul, not your physical body. Hard aspects can modify the above.

Sep 2, 2014 4 PM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Aug 23, 2014 (peak date). Please refer to this date.

Sep 3, 2014 6 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Aug 29, 2014 (peak date). Please refer to this date.

Sep 3, 2014 10 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Sep 4, 2014 2 AM(Sep 4, 2014 to Sep 5, 2014) Ven Qucnx Moon

A desire for more sweets or desserts at this time. There may be a need for extra B-2 during this time period to help curb excess sugar hunger. Check for deficiency symptoms.

Sep 5, 2014 10 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 5, 2014 2 PM(Sep 4, 2014 to Sep 6, 2014) Ven Qucnx Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

Sep 5, 2014 5 PM(Sep 4, 2014 to Sep 6, 2014) Sun Qucnx Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

Sep 6, 2014 12 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Sep 6, 2014 12 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Sep 6, 2014 9 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Sep 6, 2014 4 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Sep 6, 2014 9 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Sep 7, 2014 9 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Sep 7, 2014 11 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 8, 2014 12 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Sep 3, 2014 (peak date). Please refer to this date.

Sep 8, 2014 9 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied

is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Sep 9, 2014 10 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Sep 5, 2014 (peak date). Please refer to this date.

Sep 10, 2014 5 AM(Sep 10, 2014 to Sep 11, 2014) Ven Conj Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food. Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If skin ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Sep 10, 2014 9 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Sep 6, 2014 (peak date). Please refer to this date.

Sep 10, 2014 4 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Sep 11, 2014 12 AM(Sep 10, 2014 to Sep 12, 2014) Ven Qucnx Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

Sep 11, 2014 12 PM(Sep 10, 2014 to Sep 12, 2014) Merc Oppos Ven

Feelings center around emotional issues and affection needs, creating a temporary state of nervousness. If not fulfilled, your need for sugar or desserts is likely to skyrocket for a day or two. Sweets are not a viable trade off for lack of affection. Think before you reach for extra sweets or desserts. If you have a chocolate craving, try Sepia (hr) to curb it.

Sep 12, 2014 1 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Sep 12, 2014 2 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Sep 12, 2014 7 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Sep 13, 2014 10 AM(Sep 12, 2014 to Sep 14, 2014) Merc Qucnx Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Sep 13, 2014 2 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's

Forte (hr).

Sep 13, 2014 3 PM(Sep 12, 2014 to Sep 14, 2014) Sun Trine Merc

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Sep 13, 2014 4 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 15, 2014 1 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Sep 10, 2014 (peak date). Please refer to this date.

Sep 15, 2014 7 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Sep 6, 2014 (peak date). Please refer to this date.

Sep 16, 2014 3 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Sep 18, 2014 6 AM(Sep 18, 2014 to Sep 19, 2014) Ven Trine Sun

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight

weight gain doesn't occur.

Sep 19, 2014 3 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Sep 19, 2014 4 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Sep 19, 2014 11 PM Moon Sqr Nep

This astrological influence (Moon Sqr Nep) also occurred on Sep 6, 2014 (peak date). Please refer to this date.

Sep 20, 2014 6 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Sep 20, 2014 9 PM Moon Sqr Merc

This astrological influence (Moon Sqr Merc) also occurred on Sep 7, 2014 (peak date). Please refer to this date.

Sep 20, 2014 11 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 21, 2014 1 AM(Sep 20, 2014 to Sep 22, 2014) Sun Trine Moon

Today you'll feel great and on top of the world on all levels. Energy wise, you're ready to tackle the world. An excellent day for therapy, because it will be easy to dig into your unconscious and deeper

emotional superstructure. If other hard aspects occur today, then some of your high energy will be modified or otherwise sublimated.

Sep 21, 2014 4 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Sep 16, 2014 (peak date). Please refer to this date.

Sep 21, 2014 (Aug 15, 2014 to Feb 7, 2015) Nep Oppos Plu

Severe, long term stress can have possibly suppressed your immune system, making you highly susceptible to cyclic bouts with colds, flu or allergy ailments. Pantothenic Acid and Vitamin C may help boost your beleaguered immune system and support it. It is advisable to get "constitutionalized" by a homeopathic doctor during this period, to help stabilize the fluctuations occurring within your body.

Most susceptible is your endocrine system, particularly the Thyroid gland and the Adrenal glands. Mood swings, depression and roller coaster feelings may indicate the above, and tests should be run to validate.

Neptune always promises you that you can be misdiagnosed. Please seek a second, perhaps even a third opinion if you're feeling uneasy about the primary diagnosis. Follow your intuition during this time frame! Other ailments having to do with bacteria (Staph and Strep) infections, viral and parasitic invasion, are possible. A sore throat could turn out to be a strep infection--so get to the doctor and get a throat culture to make sure--one way or another! Don't be blasé about your health at this time.

You may suffer from long bouts of being tired, exhausted or unable to muster much enthusiasm for life like you usually do. This combination of planets is asking you to quiet your busy outer world and go inward--into yourself. This can be a good time for therapy--but also, a bad time for getting caught up in cults of any kind--be they religious or metaphysical. The best person to help you is yourself. Meditation is recommended. Quiet walks, being alone, or by the water, is healing and beneficial. Getting back to Nature will be positive, and lower the stress on your immune system.

Heavy metal poisoning, and for that matter, ANY kind of poisoning (insecticides, botulism, salmonella, etc.) is possible. Don't put yourself in a highly polluted environment, because your body will rebel and break down on you--particularly via the lungs. So, chest colds and even pneumonia, are possible. Be careful of the air you breathe, and the water or liquids you drink. An excellent homeopathic remedy to carry with you during this time for any kind of poisoning (particularly food), is Arsenicum.

Blood problems can arise, especially anemia. If you are tired and draggy feeling, go in and get a blood test to find out. Usually, it can be a white blood cell problem, or the doctor may discover a low level of infection in your bloodstream, indicating a higher white blood count than normal.

If you do get ill during this time, recuperation is NOT going to be quick. The best way to help is take Gelsemium (hr) to stop any possible relapses and speed recovery more quickly. This transit asks you to

shift from the outside world, slow down, and masticate some issues that you may have been avoiding for quite some time. If you don't address these issues (usually through some kind of therapy modality), then physical illness may manifest as an expression of your inner turmoil. Seek proper help, and you can avoid becoming sick.

Sep 22, 2014 3 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Sep 22, 2014 4 AM(Sep 22, 2014 to Sep 23, 2014) Mars Sqr Plu

Possible endocrine dysfunction, the Thyroid, Adrenals or Ovaries may be most suspect, but don't eliminate the others. Get tested if you're feeling under the weather. You're in a hard charging mode right now, the perfect workaholic syndrome. You have more energy, more drive right now, but it's a question as to whether your physical body can stand your fervent zeal. The body may break down if you don't get sufficient rest and stop going to extremes. If you exercise, do so moderately, otherwise, muscle injuries may develop. Try Arnica (hr). If there is injury to tendon/ligament, try Rhus. Tox. or Ruta. Grav. (hr). Adrenal exhaustion because of your extreme drive, may occur. Check out Pantothenic Acid deficiency symptoms. Possible blood problems, such as anemia. Check B-12 and Iron deficiency symptoms. Also, severe allergy problems. See B-12 or try Sabadilla (hr). Possible severe edema or water weight problems. Try Rhus. Tox. or Nat. Mur. (hr). If hives occurs, try Cantharis (hr). If skin breaks out, think about Sulphur (hr).

Sep 22, 2014 11 PM(Sep 22, 2014 to Sep 23, 2014) Sun Trine Sat

This is a period of marvelous, sustained energy for you. Your energy won't be sky high, but you will find that you have a reserve of energy to plod along for long periods without the normal need for rest or sleep. Mentally, you're strongly focused on your goals and what you want out of life. This makes for good health! Everything you do during this period, should be in moderation. A great time to diet and lose those unwanted pounds!! In fact, this is the BEST time to diet. You will be able to adhere to the diet regime with great success. Dietwise, you WANT to clean up your act. You will eat more sparingly throughout this period, and desire more vegetables, grains and fruit than meat or other "heavy" foods such as pastas, potatoes or other starches. If there are other hard aspects at this time, the above is modified to a degree.

Sep 23, 2014 6 AM(Sep 22, 2014 to Sep 24, 2014) Sun Sxtl Mars

A time of peak high energy physically. A period where you can work long hours without seemingly

getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

Sep 23, 2014 3 PM(Sep 22, 2014 to Sep 25, 2014) Mars Sxtil Jup

Over expansion can happen now! And that means adding to the waist line--so watch how much and WHAT you're eating! An excellent time to start a diet and burn off unwanted pounds--just don't go to extremes, make it sensible.

Sep 25, 2014 4 AM(Sep 23, 2014 to Sep 26, 2014) Merc Sqr Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Sep 25, 2014 9 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Sep 26, 2014 2 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Sep 26, 2014 3 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Sep 27, 2014 9 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Sep 27, 2014 5 PM(Sep 26, 2014 to Sep 29, 2014) Merc Sqr Sat

Mentally you may find yourself pessimistic or in a mild state of gloom. If nerves are frayed, rest. This is a time to sit back and ease off the throttles or a cold may catch up with you as a result. Try Calm's Forte (hr) to supplement the nerves during this time period.

Sep 28, 2014 5 AM(Sep 26, 2014 to Sep 30, 2014) Merc Sqr Mars

Nervous and skittish, you're wired for action. You may leap before you look, causing possible bruises, muscle strains or sprains. If working around mechanical things, be careful, your fingers or hands could suffer in a mild mishap. At home, especially in the kitchen, look out for burned fingers, or burns around a fire. Try Calm's Forte (hr) to feed and therefore, calm your screaming nerves. Take some deep breaths and "chill out."

Sep 28, 2014 6 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Sep 28, 2014 7 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Sep 28, 2014 (Sep 23, 2014 to Oct 4, 2014) Jup Sqr Sun

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Sep 29, 2014 7 PM(Sep 28, 2014 to Sep 30, 2014) Sun Trine Jup

The world appears in shades of rose colors and positives right now to you mentally and emotionally. It's a time of happiness, contentment and being at peace with yourself and those around you. This is an excellent time to diet and lose weight, if you need to. Reward yourself with the gift of education, whether it be through taking a school course, reading a book or simply learning by observing things or people around you. This is a time for rewards. Healthwise, you're in good shape, or as good as you can be. All

systems are "go", and energy is constant, and sometimes, even excessive. "Bleed off" this energy in positive ways for yourself.

Some of you may be tempted to reward yourself with too many sweets, which can cause a weight gain--so watch this tendency throughout this period. Stick to a high carbohydrate diet, if possible, and lots of vegetables/fruits instead of meats, rich sauces and heavy desserts. Because you're feeling so good, you may go overboard in some way. Just make sure it's not on foods or sweets! Find your pleasures in a colorful sunset or watching a yellow and black Monarch butterfly waft through the blue sky on invisible wind currents. You feel beautiful and ARE beautiful. Share and connect with the beauty that is always all around you during this time. Hard aspects from other planets that may be in effect now may modify the above.

Sep 29, 2014 11 PM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Sep 20, 2014 (peak date). Please refer to this date.

Sep 30, 2014 12 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Sep 25, 2014 (peak date). Please refer to this date.

Oct 1, 2014 5 AM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 2, 2014 6 PM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 3, 2014 8 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 3, 2014 8 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 3, 2014 (Sep 22, 2014 to Oct 13, 2014) Sat Oppos Merc

Mentally, you may be depressed, over worked and carrying a lot more responsibility than usual. If depression is setting in, try Aurum Met. (hr). If depression is extremely serious, seek out the services of homeopathic physician for help. Diarrhea or colitis are possible because of the stress you're under. Nerve involvement. If going to the dentist, try Hypericum (hr) afterwards to soothe tooth nerve. Try Aconite (hr) before hand to calm YOUR fears of the dentist! Shaking or trembling of limbs may be a Calcium and/or Magnesium deficiency. Check out symptoms. Skin disorders such as hives or herpes zoster may come on because of nervous tension/stress. Try Apis Mel. (hr) for hives, and Cantharis (hr) for herpes zoster. If doing a lot of demanding mental work and brain is feeling "burned out", try Kali. Phos. (hr). Possible to have aches and pains in general, in hands an wrists, elbows or shoulders at this time. If diagnosed with Bell's Palsy, try B-l. Check deficiency symptoms.

Oct 3, 2014 5 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Oct 4, 2014 12 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 4, 2014 6 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Oct 4, 2014 6 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 4, 2014 8 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 5, 2014 3 AM(Oct 4, 2014 to Oct 6, 2014) Ven Trine Jup

Over eating will be easy at this time--so, if you don't want a weight gain--monitor your intake of how much food you eat--plus WHAT you eat! There will be a definite desire for more sweets/sugar than usual. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr).

Oct 5, 2014 10 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Oct 1, 2014 (peak date). Please refer to this date.

Oct 5, 2014 6 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Oct 6, 2014 10 AM(Oct 6, 2014 to Oct 7, 2014) Sun Oppos Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

Oct 6, 2014 12 PM(Oct 6, 2014 to Oct 7, 2014) Mars Qucnx Sun

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy

popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Oct 6, 2014 9 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Oct 2, 2014 (peak date). Please refer to this date.

Oct 7, 2014 7 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Oct 3, 2014 (peak date). Please refer to this date.

Oct 8, 2014 2 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 9, 2014 12 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 9, 2014 12 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 10, 2014 5 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're

susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 10, 2014 11 AM(Oct 10, 2014 to Oct 11, 2014) Merc Sqr Mars

Nervous and skittish, you're wired for action. You may leap before you look, causing possible bruises, muscle strains or sprains. If working around mechanical things, be careful, your fingers or hands could suffer in a mild mishap. At home, especially in the kitchen, look out for burned fingers, or burns around a fire. Try Calm's Forte (hr) to feed and therefore, calm your screaming nerves. Take some deep breaths and "chill out."

Oct 10, 2014 8 PM(Oct 9, 2014 to Oct 12, 2014) Merc Sqr Sat

Mentally you may find yourself pessimistic or in a mild state of gloom. If nerves are frayed, rest. This is a time to sit back and ease off the throttles or a cold may catch up with you as a result. Try Calm's Forte (hr) to supplement the nerves during this time period.

Oct 11, 2014 12 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 11, 2014 1 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 12, 2014 (Oct 2, 2014 to Oct 21, 2014) Sat Sqr Ura

Accidents are in the air! Be careful, stay alert when driving, and don't "drift off". Lack of attention to where you're driving, or placing your feet or hands in the wrong place, can spell injury for you. If you're bumping into things, dropping articles, pay attention! You're trying to "bleed off" accident energy into a more harmless direction. This is a signal that you're in the accident mode, and to tread with caution and remain alert. If you do, no accident will occur.

Spasms, "Charlie Horses", nerve related pains, jerking or twitching of muscles may occur. Check deficiency symptoms to see if might need Calcium during this period. You WILL be under sudden and unexpected stress--and that will impact your immune system. The potential for nervousness, tautness and inability to unwind may occur. The homeopathic remedy, Calm's Forte, "feeds" the nerves, and may be

something to consider.

Breaking a bone is possible. Consider Calcium or a homeopathic remedy known as Symphytum (hr), to help speed healing and recovery if one is broken.

Oct 12, 2014 10 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Oct 8, 2014 (peak date). Please refer to this date.

Oct 12, 2014 4 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Oct 4, 2014 (peak date). Please refer to this date.

Oct 12, 2014 9 PM(Oct 12, 2014 to Oct 13, 2014) Merc Sqr Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 13, 2014 6 PM(Oct 12, 2014 to Oct 15, 2014) Mars Qucnx Merc

Your nerves are the focus. If stretched too thin, or feel raw, try Calm's Forte (hr) to soothe and feed them during this period. A lot of stress is applied to you and results may be restlessness, insomnia or a tautness (unable to unwind and relax). Watch out for injuries involving your fingers and hands. Be alert around any kind of machinery, knives or appliances at this time. Loss of focus and concentration may set you up for an accident. If alert, you'll be fine. Possible nerve inflammation (Bell's Palsy). Check for B-1 deficiency symptoms. If nerves are injured, consider Hypericum (hr).

Oct 13, 2014 11 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 14, 2014 4 AM(Oct 14, 2014 to Oct 15, 2014) Sun Qucnx Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system

so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Oct 15, 2014 3 AM(Oct 14, 2014 to Oct 16, 2014) Sun Sxtil Ura

This is one time that you can view stress as a positive, exhilarating and exciting "high." Your nerves are like steady, steel cables, so you can take the brute force of ANY kind of stress and turn it into a positive. Unexpected things happen in your daily life, but you'll be able to cope with them magnificently. Your health is prime, and you can take anything the world throws at you during this period. If hard aspects are in effect, the above may be modified.

Oct 16, 2014 10 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 16, 2014 11 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 17, 2014 6 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 17, 2014 1 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Oct 18, 2014 4 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 18, 2014 6 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 18, 2014 11 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Oct 13, 2014 (peak date). Please refer to this date.

Oct 19, 2014 10 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Oct 21, 2014 11 AM(Oct 20, 2014 to Oct 22, 2014) Sun Sqr Moon

More than likely your emotions are apt to be flaring or over reacting to the people or environment around you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with mild depression setting in.

Oct 22, 2014 6 AM(Oct 22, 2014 to Oct 23, 2014) Ven Sqr Moon

Because your emotions are being battered, you may reach for sugar products or sweets to buoy you during this period. Check B-2 deficiency symptoms that may contribute to sweet hunger. Or, consider a B-complex during this period to support potentially depressed immune system. If you have hypoglycemia

or diabetes, this period may bring about a crisis--watch food intake and insulin needs.

Oct 23, 2014 3 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 23, 2014 8 AM(Oct 22, 2014 to Oct 24, 2014) Sun Sqr Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byrronia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

Oct 23, 2014 3 PM(Oct 22, 2014 to Oct 24, 2014) Sun Sqr Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Oct 23, 2014 6 PM(Oct 22, 2014 to Oct 24, 2014) Ven Sqr Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

Oct 23, 2014 9 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 23, 2014 9 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude

and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 24, 2014 12 AM(Oct 23, 2014 to Oct 24, 2014) Ven Sqr Mars

If not getting proper support for your love and emotions, there is a tendency to replace it with sugar products or binge eating. Check for B-2 deficiency symptoms to curb sugar hunger. Skin may get dry during this period. Check Vitamin E deficiency symptoms. For women, possible problems with menstrual cycle. Vitamin E may help. Generally, if emotionally upset, indigestion which may be helped with Nat. Phos. (hr). Possible weight gain.

Oct 24, 2014 3 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 25, 2014 12 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Oct 25, 2014 1 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 27, 2014 4 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Oct 17, 2014 (peak date). Please refer to this date.

Oct 27, 2014 6 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Oct 23, 2014 (peak date). Please refer

to this date.

Oct 28, 2014 10 AM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 29, 2014 2 AM(Oct 28, 2014 to Oct 30, 2014) Sun Sxtil Plu

This is one of the most powerful feeling times of your life. Your energy is at its highest level, and you perceive the world in positives. The ability to endure and call upon a second round of strength to pursue your goals or needs, is there. Vitality and bodily health are at a peak. Use it wisely and don't go to extremes by abusing the privilege of your body or mind. No matter what kind of illness you get during this period (if any), whether acute or chronic, you'll be able to throw it off quickly and completely. This is one of the most healing transits known. Any cure is possible right now, so begin taking the steps to complete health for yourself: mentally, emotionally, spiritually as well as physically.

This is the BEST time for therapy. If willing to plumb the depths of your own emotional matrix and what you've suppressed up until now, you will be successful in "cleaning" yourself out. This will guarantee good health in the decades to come. So, it's worthwhile to consider some form of therapy, of getting in touch with yourself and cleaning out the bins of your subconscious. Go for it! You'll be successful!

Oct 29, 2014 3 AM(Oct 28, 2014 to Oct 30, 2014) Ven Sqr Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

Oct 30, 2014 12 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Oct 30, 2014 2 AM(Oct 30, 2014 to Oct 31, 2014) Sun Sqr Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Oct 30, 2014 2 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Oct 30, 2014 2 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Oct 30, 2014 11 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Oct 31, 2014 6 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Oct 31, 2014 12 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Oct 31, 2014 4 PM(Oct 30, 2014 to Nov 1, 2014) Ven Conj Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If

going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Nov 1, 2014 1 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 1, 2014 3 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 1, 2014 5 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Oct 28, 2014 (peak date). Please refer to this date.

Nov 2, 2014 2 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Nov 2, 2014 7 AM(Nov 1, 2014 to Nov 3, 2014) Sun Conj Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

Nov 3, 2014 5 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Oct 30, 2014 (peak date). Please refer to this date.

Nov 4, 2014 (Oct 26, 2014 to Nov 15, 2014) Jup Sqr Merc

You will be more restless and prone to nervousness during this period. Try Calm's Forte (hr) to soothe and feed nerves. Emphasis on mental efforts. If feeling "burned out", try Kali. Phos. (hr) to feed brain cells to keep on going. Potential thyroid difficulties. Go to doctor and get blood test to confirm or deny if you're feeling more sluggish, mentally forgetful and are sleeping more than usual. Or, just the opposite: tightly wound up, heart palpitations and breaking into a sweat.

Nov 4, 2014 4 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Oct 30, 2014 (peak date). Please refer to this date.

Nov 4, 2014 11 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Nov 5, 2014 2 PM(Nov 5, 2014 to Nov 6, 2014) Sun Qucnx Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

Nov 5, 2014 9 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Nov 5, 2014 10 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Nov 6, 2014 2 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Nov 7, 2014 10 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 7, 2014 11 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 7, 2014 1 PM(Nov 7, 2014 to Nov 8, 2014) Merc Sqr Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 8, 2014 7 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Nov 4, 2014 (peak date). Please refer to this date.

Nov 8, 2014 9 PM(Nov 8, 2014 to Nov 9, 2014) Merc Sqr Sat

Mentally you may find yourself pessimistic or in a mild state of gloom. If nerves are frayed, rest. This is a time to sit back and ease off the throttles or a cold may catch up with you as a result. Try Calm's Forte (hr) to supplement the nerves during this time period.

Nov 9, 2014 1 AM(Nov 9, 2014 to Nov 10, 2014) Merc Sqr Mars

Nervous and skittish, you're wired for action. You may leap before you look, causing possible bruises,

muscle strains or sprains. If working around mechanical things, be careful, your fingers or hands could suffer in a mild mishap. At home, especially in the kitchen, look out for burned fingers, or burns around a fire. Try Calm's Forte (hr) to feed and therefore, calm your screaming nerves. Take some deep breaths and "chill out."

Nov 9, 2014 1 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Oct 31, 2014 (peak date). Please refer to this date.

Nov 10, 2014 4 AM(Nov 9, 2014 to Nov 11, 2014) Ven Sqr Ura

Sudden binge eating episodes or craving for sugar. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Blood pressure may change--if under sudden, traumatic stress, have it checked out. Sudden and unexpected skin changes. Check for Vit. E deficiency symptoms. Or, if sudden skin ailments erupt, try Sulphur (hr).

Nov 10, 2014 9 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Nov 12, 2014 7 PM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Nov 12, 2014 7 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Nov 12, 2014 10 PM(Nov 11, 2014 to Nov 14, 2014) Mars Sqr Ven

If feeling exhausted or excessively tired from the normal, possible anemia. May be deficient in either B-12 or Iron. Eating binges on sweets possible if you're trading real affection off for food. Communication with loved ones may be needed. If craving chocolate, try Sepia (hr). Skin may be drier than normal. Try

Vit. E. If skin problems erupt, Sulphur (hr) may help. Weight gain because of ingesting too many sweets or starches.

Nov 13, 2014 6 AM(Nov 13, 2014 to Nov 14, 2014) Sun Oppos Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Nov 13, 2014 7 AM(Nov 13, 2014 to Nov 14, 2014) Merc Sqr Jup

You're jumpy and nervous; try to relax and don't blow things out of proportion. There is a tendency to over eat because of your nerves. Curb your bingeing tendency by working it off in exercise of some kind.

Nov 13, 2014 2 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Nov 13, 2014 9 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Nov 14, 2014 4 AM(Nov 13, 2014 to Nov 15, 2014) Sun Sqr Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

Nov 14, 2014 (Nov 3, 2014 to Jan 13, 2015) Jup Conj Ura

Possibility of spasms, tics or tremors during this period. If you get Bell's Palsy, try B-1. Check deficiency symptoms. Nerves can take a battering all due to sudden, unexpected pressures thrust upon you. Check deficiency symptoms of B-6 and Dolomite (a combination of Calcium and Magnesium). Nerve related ailments cropping up. Zinc is needed to feed nerves. Try Calm's Forte (hr). Hypoglycemia (low blood sugar) may occur. A good time to carry Rescue Remedy (bfr) on you at all times to alleviate shock/trauma that you must deal with. You may be more accident prone at this time, but this can be alleviated by remaining focused and concentrated on what you're doing--driving.

Nov 14, 2014 12 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 14, 2014 2 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 15, 2014 7 AM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Nov 10, 2014 (peak date). Please refer to this date.

Nov 15, 2014 8 AM(Nov 15, 2014 to Nov 16, 2014) Merc Conj Nep

Mentally feeling confused, disoriented, poor sense of time and in general, sluggish or lethargic. Mind won't focus well. You may want to sleep or lay around and rest more than usual--do so. Kali. Phos. (hr) will help keep mind sharp and concentration will return. Potential misdiagnosis by health practitioner--get a second opinion! Poor time to do surgery--possible infection, malpractice or reaction to drug(s) and/or anesthesia. Apathy.

Nov 15, 2014 6 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied

is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Nov 16, 2014 4 AM(Nov 14, 2014 to Nov 17, 2014) Mars Trine Sun

A time of peak high energy physically. A period where you can work long hours without seemingly getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

Nov 17, 2014 10 AM(Nov 17, 2014 to Nov 18, 2014) Merc Quenx Ven

Because you may be nervous and more on edge than normal, you could develop a mild sweet tooth and crave sugar and desserts more than normal. Mentally, you're in a good state of mind and happy.

Nov 19, 2014 12 AM(Nov 18, 2014 to Nov 19, 2014) Merc Oppos Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Nov 19, 2014 12 PM Moon Quenx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 20, 2014 5 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Nov 20, 2014 6 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Nov 20, 2014 9 AM(Nov 19, 2014 to Nov 21, 2014) Sun Sxtil Moon

Today you'll feel great and on top of the world on all levels. Energy wise, you're ready to tackle the world. An excellent day for therapy, because it will be easy to dig into your unconscious and deeper emotional superstructure. If other hard aspects occur today, then some of your high energy will be modified or otherwise sublimated.

Nov 21, 2014 12 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Nov 21, 2014 6 AM(Nov 21, 2014 to Nov 22, 2014) Ven Sqr Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If ski ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Nov 21, 2014 7 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 21, 2014 9 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 22, 2014 12 AM(Nov 21, 2014 to Nov 23, 2014) Ven Sxtil Jup

Over eating will be easy at this time--so, if you don't want a weight gain--monitor your intake of how much food you eat--plus WHAT you eat! There will be a definite desire for more sweets/sugar than usual. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr).

Nov 22, 2014 6 AM(Nov 21, 2014 to Nov 23, 2014) Sun Sxtil Sat

This is a period of marvelous, sustained energy for you. Your energy won't be sky high, but you will find that you have a reserve of energy to plod along for long periods without the normal need for rest or sleep. Mentally, you're strongly focused on your goals and what you want out of life. This makes for good health! Everything you do during this period, should be in moderation. A great time to diet and lose those unwanted pounds!! In fact, this is the BEST time to diet. You will be able to adhere to the diet regime with great success. Dietwise, you WANT to clean up your act. You will eat more sparingly throughout this period, and desire more vegetables, grains and fruit than meat or other "heavy" foods such as pastas, potatoes or other starches. If there are other hard aspects at this time, the above is modified to a degree.

Nov 22, 2014 1 PM(Nov 21, 2014 to Nov 23, 2014) Sun Trine Mars

A time of peak high energy physically. A period where you can work long hours without seemingly getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

Nov 22, 2014 8 PM(Nov 22, 2014 to Nov 23, 2014) Merc Sqr Ura

Accidents can occur! Your nervous energy makes you frazzled and unfocused, which puts you in that mode. Pay attention to your driving! Concentrate! Nerves are taut, and insomnia is a possibility. Help with Calm's Forte (hr).

Nov 23, 2014 11 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Nov 13, 2014 (peak date). Please refer to this date.

Nov 24, 2014 12 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Nov 19, 2014 (peak date). Please refer to this date.

Nov 24, 2014 5 AM(Nov 22, 2014 to Nov 25, 2014) Mars Qucnx Ura

Accident prone! Possible surgery or sudden, unexpected stress can traumatize you. Carry Rescue Remedy (bfr) with you during this period and take on an "as needed basis" when you're caught in a crisis. Muscle pulls and strains are possible, try Arnica (hr). If ligaments/tendons involved, try Rhus. Tox. or Ruta. Grav. (hr). This is an explosive period for your emotions. You will probably be volatile, restless, energetic and lack focus or concentration. Try Calm's Forte (hr) to soothe and feed nerves, plus get rid of unwanted insomnia. If going in for surgery during this period consider the following hr's: Arnica for bruising/trauma to tissue, and Calendula non-alcoholic liquid to speed up healing with less scarring taking place. Injury could take place on any vehicle (including airplanes). Be careful around fires (burns), firearms, appliances, knives or engines of any kind. Stay focused and remain alert, and you'll skate through this period unscathed. Don't become frenetic or unfocused. Accidents may then occur.

Nov 24, 2014 5 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Nov 26, 2014 5 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 26, 2014 7 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Nov 26, 2014 8 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Nov 27, 2014 5 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied

is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Nov 27, 2014 12 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Nov 27, 2014 5 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Nov 27, 2014 10 PM(Nov 27, 2014 to Nov 28, 2014) Sun Sqr Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

Nov 28, 2014 6 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Nov 28, 2014 8 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Nov 28, 2014 9 PM(Nov 27, 2014 to Nov 29, 2014) Sun Sxtil Jup

The world appears in shades of rose colors and positives right now to you mentally and emotionally. It's a time of happiness, contentment and being at peace with yourself and those around you. This is an excellent time to diet and lose weight, if you need to. Reward yourself with the gift of education, whether it be through taking a school course, reading a book or simply learning by observing things or people around you. This is a time for rewards. Healthwise, you're in good shape, or as good as you can be. All systems are "go", and energy is constant, and sometimes, even excessive. "Bleed off" this energy in positive ways for yourself.

Some of you may be tempted to reward yourself with too many sweets, which can cause a weight gain--so watch this tendency throughout this period. Stick to a high carbohydrate diet, if possible, and lots of vegetables/fruits instead of meats, rich sauces and heavy desserts. Because you're feeling so good, you may go overboard in some way. Just make sure it's not on foods or sweets! Find your pleasures in a colorful sunset or watching a yellow and black Monarch butterfly waft through the blue sky on invisible wind currents. You feel beautiful and ARE beautiful. Share and connect with the beauty that is always all around you during this time. Hard aspects from other planets that may be in effect now may modify the above.

Nov 28, 2014 10 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Nov 24, 2014 (peak date). Please refer to this date.

Nov 29, 2014 8 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Nov 30, 2014 11 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Nov 26, 2014 (peak date). Please refer to this date.

Dec 1, 2014 11 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Nov 27, 2014 (peak date). Please refer to this date.

Dec 1, 2014 3 PM(Dec 1, 2014 to Dec 2, 2014) Merc Sqr Plu

Nerves will be tested and they may feel raw. Restless and nervous, Calm's Forte (hr) will help support them during this period. Intense mental effort may be required. Try Kali. Phos. (hr) to stop from getting burn out.

Dec 1, 2014 6 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 2, 2014 9 AM(Dec 1, 2014 to Dec 3, 2014) Mars Conj Moon

For women, possible menstrual/menopausal problems. Abnormal menstrual bleeding, try Kali. Mur. (hr). If getting "hot flashes" try Sepia (hr). A focus on the breasts and uterus during this period. Possible water retention/swelling. Check for Potassium deficiency. Limit intake of salt, which helps cause this condition. Try Nat. Mur. (hr) to curb salt craving. For both sexes: If tired and exhausted, check for anemia. Emotions will be emphasized, and if negative, depress the immune system, leaving you ripe for colds or flu. Try a B-Complex to support system if under duress. Or use in conjunction with Vit. C. Over consumption of dairy products (milk, cheese, ice cream)--limit your intake.

Dec 3, 2014 5 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 3, 2014 6 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 3, 2014 11 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of

confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 4, 2014 6 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Dec 4, 2014 7 PM(Dec 3, 2014 to Dec 6, 2014) Mars Conj Sat

Bone related ailments may crop up at this time. This is a "grit your teeth" time, so problems with teeth, fillings or root canals can manifest. If a root canal is eminent, try Hepar. Sulph. (hr) to get rid of infection and settle the tooth back to normal. Bone breaks, try Symphytum (hr). Possible phlebitis, try Vit. C and E. Anemia is possible. Check B-12 deficiency symptoms. Arthritic conditions may pop up. Check Calcium and Magnesium (Dolomite) and Vit. D for deficiency symptoms to halt. Ruta Grav. or Rhus. Tox. (hr) may also give relief. Gallbladder problem can be helped with lecithin. In general, a period that breeds frustration, which manifests in a pressure cooker of feelings being blocked up inside of you. If the energy is not "drained" or released, it may make you prone to accidents in general, but especially involving cars, knives, firearms, fires (burns) and appliances. Other kinds of accidents could involve muscle pulls, try Arnica (hr). If tendon/ligament involved, try Ruta. Grav. or Rhus. Tox. (hr). Try to deal positively with the frustration you're having to endure with mild exercise, meditation or music to help "bleed off" excess energy.

Dec 4, 2014 8 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Dec 5, 2014 7 AM(Dec 5, 2014 to Dec 6, 2014) Sun Trine Ven

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Dec 6, 2014 4 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Dec 1, 2014 (peak date). Please refer to this date.

Dec 6, 2014 10 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Nov 27, 2014 (peak date). Please refer to this date.

Dec 6, 2014 10 AM(Dec 5, 2014 to Dec 7, 2014) Merc Trine Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

Dec 7, 2014 5 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 8, 2014 12 AM(Dec 7, 2014 to Dec 8, 2014) Merc Qucnx Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Dec 10, 2014 3 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 10, 2014 4 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 10, 2014 7 PM(Dec 10, 2014 to Dec 11, 2014) Ven Qucnx Mars

The desire for sweets or sugar may become intense. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Possible weight gain during this period. Binge eating or over eating due to love/affection emotions not being properly supported.

Dec 10, 2014 11 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 11, 2014 5 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Dec 11, 2014 9 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Dec 11, 2014 11 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Dec 12, 2014 4 AM(Dec 10, 2014 to Dec 13, 2014) Mars Qucnx Plu

Possible endocrine dysfunction, the Thyroid, Adrenals or Ovaries may be most suspect, but don't eliminate the others. Get tested if you're feeling under the weather. You're in a hard charging mode right now, the perfect workaholic syndrome. You have more energy, more drive right now, but it's a question

as to whether your physical body can stand your fervent zeal. The body may break down if you don't get sufficient rest and stop going to extremes. If you exercise, do so moderately, otherwise, muscle injuries may develop. Try Arnica (hr). If there is injury to tendon/ligament, try Rhus. Tox. or Ruta. Grav. (hr). Adrenal exhaustion because of your extreme drive, may occur. Check out Pantothenic Acid deficiency symptoms. Possible blood problems, such as anemia. Check B-12 and Iron deficiency symptoms. Also, severe allergy problems. See B-12 or try Sabadilla (hr). Possible severe edema or water weight problems. Try Rhus. Tox. or Nat. Mur. (hr). If hives occurs, try Cantharis (hr). If skin breaks out, think about Sulphur (hr).

Dec 12, 2014 3 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Dec 7, 2014 (peak date). Please refer to this date.

Dec 12, 2014 9 PM(Dec 11, 2014 to Dec 13, 2014) Sun Qucnx Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Dec 13, 2014 3 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Dec 13, 2014 7 PM(Dec 13, 2014 to Dec 14, 2014) Sun Trine Ura

This is one time that you can view stress as a positive, exhilarating and exciting "high." Your nerves are like steady, steel cables, so you can take the brute force of ANY kind of stress and turn it into a positive. Unexpected things happen in your daily life, but you'll be able to cope with them magnificently. Your health is prime, and you can take anything the world throws at you during this period. If hard aspects are in effect, the above may be modified.

Dec 16, 2014 9 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Dec 17, 2014 6 AM(Dec 17, 2014 to Dec 18, 2014) Merc Qucnx Mars

You're a case of nervous, and seemingly inexhaustible energy. Careful where you focus it. Possible injuries to fingers or hands, by burns or around mechanical contraptions. Muscle sprains or strains are also possible. If feeling "wired" try Calm's Forte (hr) which is designed to feed the nerves and quiet them.

Dec 17, 2014 2 PM(Dec 17, 2014 to Dec 18, 2014) Mars Sqr Nep

Misdiagnosis of some vague health condition is very possible. Please seek second or third opinion. Be very careful taking any kind of drugs (including alcohol). There may be an allergic reaction, or adverse side effect from taking them. Allergies may crop up, try Sabadilla (hr). Entire immune system under heavy stress, and can fold easily. Colds/flu are especially rampant during this transit. Try Vit. C to stabilize immune system, along with Vit. A. Check out deficiency symptoms. A general feeling of lethargy, no energy and no reserves. Possible adrenal exhaustion and Pantothenic Acid may help. See deficiency symptoms. Rest and sleep are a must! Get plenty of both. This is NOT the time to push hard or be a workaholic. If you do/are, then you'll be catching a lot of viruses to slow you down! You are extremely susceptible to any bacterial/viral poisoning right now. If food poisoning or botulism, try Arsenicum (hr) to relieve immediately. If under constant stress, try Aconitum (hr) to relieve it, or Rescue Remedy (bfr). Grade fevers, vague complaints and no clear cut symptoms of illness, and yet, you may not be feeling in tip top condition. A good time to get a general physical examination! Anemia is possible. Check for deficiency of B-12 or Iron. Use condoms during intercourse--you are particularly susceptible to ANY and ALL kinds of reproductive bacterial/viral complaints.

Dec 17, 2014 2 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 17, 2014 3 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 18, 2014 9 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 19, 2014 5 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Dec 19, 2014 7 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Dec 20, 2014 9 PM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Dec 11, 2014 (peak date). Please refer to this date.

Dec 21, 2014 10 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Dec 16, 2014 (peak date). Please refer to this date.

Dec 22, 2014 1 AM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 22, 2014 2 AM(Dec 21, 2014 to Dec 23, 2014) Sun Qucnx Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a

muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Dec 23, 2014 2 AM(Dec 23, 2014 to Dec 24, 2014) Ven Trine Sun

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Dec 23, 2014 1 PM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Dec 24, 2014 3 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 24, 2014 3 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 24, 2014 12 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Dec 24, 2014 7 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 24, 2014 11 PM(Dec 23, 2014 to Dec 26, 2014) Mars Sqr Sun

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Dec 25, 2014 12 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Dec 25, 2014 9 AM(Dec 25, 2014 to Dec 26, 2014) Merc Sqr Ven

You're nerves are on edge due to possible lack of affection or love during this period. You might unconsciously eat sweets to make up for lack of attention. Try Sepia (hr) if you have a chocolate craving attack.

Dec 25, 2014 1 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Dec 25, 2014 2 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Dec 26, 2014 4 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Dec 22, 2014 (peak date). Please refer to this date.

Dec 26, 2014 1 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Dec 26, 2014 10 PM(Dec 26, 2014 to Dec 27, 2014) Merc Trine Sun

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to so 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Dec 27, 2014 10 AM(Dec 27, 2014 to Dec 28, 2014) Sun Trine Plu

This is one of the most powerful feeling times of your life. Your energy is at its highest level, and you perceive the world in positives. The ability to endure and call upon a second round of strength to pursue your goals or needs, is there. Vitality and bodily health are at a peak. Use it wisely and don't go to extremes by abusing the privilege of your body or mind. No matter what kind of illness you get during this period (if any), whether acute or chronic, you'll be able to throw it off quickly and completely. This is one of the most healing transits known. Any cure is possible right now, so begin taking the steps to complete health for yourself: mentally, emotionally, spiritually as well as physically.

This is the BEST time for therapy. If willing to plumb the depths of your own emotional matrix and what you've suppressed up until now, you will be successful in "cleaning" yourself out. This will guarantee good health in the decades to come. So, it's worthwhile to consider some form of therapy, of getting in touch with yourself and cleaning out the bins of your subconscious. Go for it! You'll be successful!

Dec 27, 2014 5 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Dec 23, 2014 (peak date). Please refer to this date.

Dec 28, 2014 4 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Dec 24, 2014 (peak date). Please refer to this date.

Dec 28, 2014 11 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 29, 2014 (Nov 28, 2014 to Jan 27, 2015) Plu Sqr Ven

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If skin ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Dec 30, 2014 11 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Dec 30, 2014 11 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Dec 30, 2014 6 PM(Dec 30, 2014 to Dec 31, 2014) Merc Qucnx Ura

Nerves are taut, you're restless and super energized. Be careful around electrical appliances and plugs. Possible electric shocks. Accident prone--pay attention to what you're doing; don't lose focus or concentration. You may bump into things, and drop objects. Try Calm's Forte (hr) to soothe and feed your nerves.

Dec 31, 2014 4 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Dec 31, 2014 2 PM(Dec 31, 2014 to Jan 1, 2015) Sun Sxtil Nep

Health is more than just a physical thing, it embraces our mental attitudes, our emotions and our spirituality. In the case of this Neptune transit, it's a time to get in touch with our spiritual being. Meditation can be a wonderful healing tool or a furtherance to good health. A walk in a park, gardening, swimming or anything that you perceive as calming and restful, should be instituted during this time period. Water is extremely healing, whether you visit the ocean, lake or stream or take a bath!

Good health has a triangular foundation consisting of three building blocks: emotions, mental attitude and lastly, our spirituality. Read books pertaining to your belief system, get back in touch with the essence of yourself with the Cosmos/God. Go attend workshops that are about spirituality. It's time now to FEED your soul, not your physical body. Hard aspects can modify the above.

Dec 31, 2014 3 PM(Dec 31, 2014 to Jan 1, 2015) Mars Sqr Merc

Your nerves are the focus. If stretched too thin, or feel raw, try Calm's Forte (hr) to soothe and feed them during this period. A lot of stress is applied to you and results may be restlessness, insomnia or a tautness (unable to unwind and relax). Watch out for injuries involving your fingers and hands. Be alert around any kind of machinery, knives or appliances at this time. Loss of focus and concentration may set you up for an accident. If alert, you'll be fine. Possible nerve inflammation (Bell's Palsy). Check for B-1 deficiency symptoms. If nerves are injured, consider Hypericum (hr).

Jan 1, 2015 12 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 1, 2015 2 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then

they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 1, 2015 7 PM(Dec 31, 2014 to Jan 3, 2015) Mars Oppos Ura

Accident prone! Possible surgery or sudden, unexpected stress can traumatize you. Carry Rescue Remedy (bfr) with you during this period and take on an "as needed basis" when you're caught in a crisis. Muscle pulls and strains are possible, try Arnica (hr) If ligaments/tendons involved, try Rhus. Tox. or Ruta. Grav. (hr). This is an explosive period for your emotions. You will probably be volatile, restless, energetic and lack focus or concentration. Try Calm's Forte (hr) to soothe and feed nerves, plus get rid of unwanted insomnia. If going in for surgery during this period consider the following hr's: Arnica for bruising/trauma to tissue, and Calendula non-alcoholic liquid to speed up healing with less scaring taking place. Injury could take place on any vehicle (including airplanes). Be careful around fires (burns), firearms, appliances, knives or engines of any kind. Stay focused and remain alert, and you'll skate through this period unscathed. Don't become frenetic or unfocused. Accidents may then occur.

Jan 2, 2015 12 AM(Jan 1, 2015 to Jan 2, 2015) Ven Conj Moon

A desire for more sweets or desserts at this time. There may be a need for extra B-2 during this time period to help curb excess sugar hunger. Check for deficiency symptoms.

Jan 2, 2015 (Nov 3, 2014 to Jan 13, 2015) Jup Conj Ura

Possibility of spasms, tics or tremors during this period. If you get Bell's Palsy, try B-1. Check deficiency symptoms. Nerves can take a battering all due to sudden, unexpected pressures thrust upon you. Check deficiency symptoms of B-6 and Dolomite (a combination of Calcium and Magnesium). Nerve related ailments cropping up. Zinc is needed to feed nerves. Try Calm's Forte (hr). Hypoglycemia (low blood sugar) may occur. A good time to carry Rescue Remedy (bfr) on you at all times to alleviate shock/trauma that you must deal with. You may be more accident prone at this time, but this can be alleviated by remaining focused and concentrated on what you're doing--driving.

Jan 2, 2015 11 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Dec 28, 2014 (peak date). Please refer to this date.

Jan 2, 2015 5 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Dec 25, 2014 (peak date). Please refer to this date.

Jan 3, 2015 12 PM(Jan 2, 2015 to Jan 4, 2015) Ven Conj Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

Jan 3, 2015 6 PM(Jan 2, 2015 to Jan 4, 2015) Ven Oppos Mars

Indigestion due to emotional upset with a loved one. Nat. Phos. (hr) may help. Craving for sweets because love/affection may not be being returned. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). If feeling tired or exhausted, check for anemia. Iron may be needed.

Jan 3, 2015 6 PM(Jan 3, 2015 to Jan 4, 2015) Merc Conj Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 3, 2015 7 PM(Jan 2, 2015 to Jan 4, 2015) Sun Sqr Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

Jan 4, 2015 1 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Jan 4, 2015 11 PM(Jan 4, 2015 to Jan 5, 2015) Merc Conj Sat

Possible mild depression, with a gloomy outlook for a couple of days. Exercise in some form, will help "lift" outlook. Nervous exhaustion that may be helped with B-1 or Calm's Forte (hr). If beaten down via nerve induced stress, a possible cold may occur. Try taking Vitamin C during this transit to alleviate this possibility.

Jan 5, 2015 4 AM (Jan 4, 2015 to Jan 6, 2015) Merc Oppos Mars

Accidents are still in the air--and more likely to occur. You'll be bumping into things, dropping things and in general, feeling nervous and out of kilter. Be attentive around fire (stoves, fireplaces, etc.), firearms, mechanical things and driving. Remain focused and concentrated--channel all this nervous energy--don't let it run you or minor accidents could happen. Possible sprained muscle from over exertion. Try Calm's Forte (hr) to help feed and calm nerves.

Jan 6, 2015 11 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Jan 6, 2015 11 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Jan 7, 2015 7 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Jan 7, 2015 1 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Jan 8, 2015 (Aug 15, 2014 to Feb 7, 2015) Nep Oppos Plu

Severe, long term stress can have possibly suppressed your immune system, making you highly susceptible to cyclic bouts with colds, flu or allergy ailments. Pantothenic Acid and Vitamin C may help boost your beleaguered immune system and support it. It is advisable to get "constitutionalized" by a homeopathic doctor during this period, to help stabilize the fluctuations occurring within your body.

Most susceptible is your endocrine system, particularly the Thyroid gland and the Adrenal glands. Mood swings, depression and roller coaster feelings may indicate the above, and tests should be run to validate.

Neptune always promises you that you can be misdiagnosed. Please seek a second, perhaps even a third opinion if you're feeling uneasy about the primary diagnosis. Follow your intuition during this time frame! Other ailments having to do with bacteria (Staph and Strep) infections, viral and parasitic invasion, are possible. A sore throat could turn out to be a strep infection--so get to the doctor and get a throat culture to make sure--one way or another! Don't be blasé about your health at this time.

You may suffer from long bouts of being tired, exhausted or unable to muster much enthusiasm for life like you usually do. This combination of planets is asking you to quiet your busy outer world and go inward--into yourself. This can be a good time for therapy--but also, a bad time for getting caught up in cults of any kind--be they religious or metaphysical. The best person to help you is yourself. Meditation is recommended. Quiet walks, being alone, or by the water, is healing and beneficial. Getting back to Nature will be positive, and lower the stress on your immune system.

Heavy metal poisoning, and for that matter, ANY kind of poisoning (insecticides, botulism, salmonella, etc.) is possible. Don't put yourself in a highly polluted environment, because your body will rebel and break down on you--particularly via the lungs. So, chest colds and even pneumonia, are possible. Be careful of the air you breathe, and the water or liquids you drink. An excellent homeopathic remedy to carry with you during this time for any kind of poisoning (particularly food), is Arsenicum.

Blood problems can arise, especially anemia. If you are tired and draggy feeling, go in and get a blood test to find out. Usually, it can be a white blood cell problem, or the doctor may discover a low level of infection in your bloodstream, indicating a higher white blood count than normal.

If you do get ill during this time, recuperation is NOT going to be quick. The best way to help is take Gelsemium (hr) to stop any possible relapses and speed recovery more quickly. This transit asks you to shift from the outside world, slow down, and masticate some issues that you may have been avoiding for quite some time. If you don't address these issues (usually through some kind of therapy modality), then physical illness may manifest as an expression of your inner turmoil. Seek proper help, and you can avoid becoming sick.

Jan 8, 2015 2 AM (Jan 8, 2015 to Jan 9, 2015) Ven Quenx Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food. Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If skin ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Jan 8, 2015 4 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 8, 2015 6 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 8, 2015 7 PM(Jan 8, 2015 to Jan 9, 2015) Merc Qucnx Plu

Intense time of heightened activity which will press nerves to a possible breaking point. Protect them with Calm's Forte (hr). Possible mental burn out. Try Kali. Phos. (hr) to feed brain cells to keep going at intense pace successfully.

Jan 8, 2015 9 PM(Jan 8, 2015 to Jan 9, 2015) Ven Conj Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

Jan 8, 2015 11 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Jan 4, 2015 (peak date). Please refer to this date.

Jan 9, 2015 10 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Jan 9, 2015 12 PM(Jan 8, 2015 to Jan 10, 2015) Merc Conj Jup

Nerves are on edge and sweet things, especially sugar and desserts, will appeal greatly to you. Weight gain due to nervousness and over eating. If craving chocolate, try Sepia (hr) to neutralize it. Indigestion possible from nervousness. Try Lycopodium (hr). Possible B-1 deficiency which can also cause sugar

craving.

Jan 11, 2015 8 AM(Jan 10, 2015 to Jan 12, 2015) Sun Trine Merc

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Jan 11, 2015 11 AM(Jan 10, 2015 to Jan 12, 2015) Ven Sqr Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Jan 11, 2015 9 PM(Jan 11, 2015 to Jan 12, 2015) Merc Sqr Nep

Mentally feeling diffused and you may lack concentration. Try Kali. Phos. (hr) to stay alert and focused. Medical misdiagnosis possible--seek second opinion. Not a good time for surgery. Infection, malpractice or drug reaction may occur. Low tolerance to drugs in general--especially tranquilizers. Try Calm's Forte (hr), instead. The need to sleep more, and rest up. Do so.

Jan 12, 2015 6 AM(Jan 12, 2015 to Jan 13, 2015) Sun Qucnx Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

Jan 12, 2015 (Jan 1, 2015 to Jan 21, 2015) Jup Sqr Merc

You will be more restless and prone to nervousness during this period. Try Calm's Forte (hr) to soothe and feed nerves. Emphasis on mental efforts. If feeling "burned out", try Kali. Phos. (hr) to feed brain

cells to keep on going. Potential thyroid difficulties. Go to doctor and get blood test to confirm or deny if you're feeling more sluggish, mentally forgetful and are sleeping more than usual. Or, just the opposite: tightly wound up, heart palpitations and breaking into a sweat.

Jan 13, 2015 5 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 13, 2015 11 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Jan 14, 2015 12 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Jan 14, 2015 6 PM(Jan 14, 2015 to Jan 15, 2015) Merc Sxtil Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

Jan 14, 2015 6 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Jan 15, 2015 3 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 15, 2015 5 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 17, 2015 7 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Jan 7, 2015 (peak date). Please refer to this date.

Jan 17, 2015 1 PM(Jan 16, 2015 to Jan 19, 2015) Merc Sqr Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Jan 17, 2015 8 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Jan 13, 2015 (peak date). Please refer to this date.

Jan 18, 2015 10 AM(Jan 18, 2015 to Jan 19, 2015) Sun Conj Moon

More than likely your emotions are apt to be flaring or over-reacting to the people or environment around you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with mild depression setting in.

Jan 18, 2015 12 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Jan 19, 2015 1 PM (Jan 18, 2015 to Jan 20, 2015) Mars Oppos Plu

Possible endocrine dysfunction, the Thyroid, Adrenals or Ovaries may be most suspect, but don't eliminate the others. Get tested if you're feeling under the weather. You're in a hard charging mode right now, the perfect workaholic syndrome. You have more energy, more drive right now, but it's a question as to whether your physical body can stand your fervent zeal. The body may break down if you don't get sufficient rest and stop going to extremes. If you exercise, do so moderately, otherwise, muscle injuries may develop. Try Arnica (hr). If there is injury to tendon/ligament, try Rhus. Tox. or Ruta. Grav. (hr). Adrenal exhaustion because of your extreme drive, may occur. Check out Pantothenic Acid deficiency symptoms. Possible blood problems, such as anemia. Check B-12 and Iron deficiency symptoms. Also, severe allergy problems. See B-12 or try Sabadilla (hr). Possible severe edema or water weight problems. Try Rhus. Tox. or Nat. Mur. (hr). If hives occurs, try Cantharis (hr). If skin breaks out, think about Sulphur (hr).

Jan 20, 2015 12 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 20, 2015 6 AM (Jan 20, 2015 to Jan 21, 2015) Sun Conj Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byronia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

Jan 20, 2015 1 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Jan 20, 2015 1 PM (Jan 20, 2015 to Jan 21, 2015) Sun Oppos Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up

(a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Jan 20, 2015 1 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Jan 20, 2015 10 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Jan 20, 2015 11 PM(Jan 20, 2015 to Jan 21, 2015) Ven Oppos Ura

Sudden binge eating episodes or craving for sugar. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Blood pressure may change--if under sudden, traumatic stress, have it checked out. Sudden and unexpected skin changes. Check for Vit. E deficiency symptoms. Or, if sudden skin ailments erupt, try Sulphur (hr).

Jan 21, 2015 5 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Jan 21, 2015 10 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Jan 21, 2015 10 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 22, 2015 12 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 22, 2015 1 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Jan 18, 2015 (peak date). Please refer to this date.

Jan 22, 2015 10 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Jan 24, 2015 12 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Jan 20, 2015 (peak date). Please refer to this date.

Jan 24, 2015 11 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Jan 20, 2015 (peak date). Please refer to this date.

Jan 25, 2015 6 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're

susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Jan 25, 2015 2 PM(Jan 24, 2015 to Jan 26, 2015) Merc Sqr Sun

This astrological influence (Merc Sqr Sun) also occurred on Jan 17, 2015 (peak date). Please refer to this date.

Jan 25, 2015 9 PM(Jan 24, 2015 to Jan 26, 2015) Sun Qucnx Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

Jan 26, 2015 5 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Jan 26, 2015 5 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Jan 26, 2015 8 PM(Jan 26, 2015 to Jan 27, 2015) Sun Conj Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Jan 27, 2015 10 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs

during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Jan 27, 2015 6 PM(Jan 26, 2015 to Jan 28, 2015) Ven Qucnx Mars

The desire for sweets or sugar may become intense. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Possible weight gain during this period. Binge eating or over eating due to love/affection emotions not being properly supported.

Jan 28, 2015 6 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Jan 28, 2015 7 AM(Jan 28, 2015 to Jan 29, 2015) Merc Sxtil Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

Jan 28, 2015 7 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Jan 29, 2015 5 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Jan 25, 2015 (peak date). Please refer to this date.

Jan 29, 2015 11 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Jan 21, 2015 (peak date). Please refer to this date.

Jan 30, 2015 1 AM(Jan 30, 2015 to Jan 31, 2015) Sun Sqr Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

Jan 31, 2015 12 AM(Jan 30, 2015 to Feb 1, 2015) Merc Sqr Nep

Mentally feeling diffused and you may lack concentration. Try Kali. Phos. (hr) to stay alert and focused. Medical misdiagnosis possible--seek second opinion. Not a good time for surgery. Infection, malpractice or drug reaction may occur. Low tolerance to drugs in general--especially tranquilizers. Try Calm's Forte (hr), instead. The need to sleep more, and rest up. Do so.

Jan 31, 2015 7 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Feb 1, 2015 2 AM(Feb 1, 2015 to Feb 2, 2015) Ven Oppos Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If ski ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Feb 1, 2015 8 AM(Feb 1, 2015 to Feb 2, 2015) Mars Sxtil Sun

A time of peak high energy physically. A period where you can work long hours without seemingly getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

Feb 2, 2015 6 AM(Feb 1, 2015 to Feb 3, 2015) Sun Sxtil Ven

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Feb 2, 2015 5 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Feb 2, 2015 5 PM(Feb 1, 2015 to Feb 3, 2015) Merc Conj Jup

Nerves are on edge and sweet things, especially sugar and desserts, will appeal greatly to you. Weight gain due to nervousness and over eating. If craving chocolate, try Sepia (hr) to neutralize it. Indigestion possible from nervousness. Try Lycopodium (hr). Possible B-1 deficiency which can also cause sugar craving.

Feb 2, 2015 6 PM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Feb 3, 2015 1 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Feb 3, 2015 3 PM(Feb 3, 2015 to Feb 4, 2015) Merc Qucnx Plu

Intense time of heightened activity which will press nerves to a possible breaking point. Protect them with Calm's Forte (hr). Possible mental burn out. Try Kali. Phos. (hr) to feed brain cells to keep going at intense pace successfully.

Feb 3, 2015 8 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Feb 4, 2015 11 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Feb 4, 2015 1 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Feb 5, 2015 5 AM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Jan 31, 2015 (peak date). Please refer to this date.

Feb 5, 2015 5 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Feb 9, 2015 3 AM(Feb 9, 2015 to Feb 10, 2015) Ven Sxtil Sun

Healthwise, you are in a very happy and contented frame of mind. Nothing can go wrong because you feel loved and wanted by those around you. There is a generous spirit of joy that walks with you during these few days, so take advantage of it and reward yourself by doing something that makes you happy. Be watchful of eating too many sweets during this period. Trade off with fresh fruit instead so that a slight weight gain doesn't occur.

Feb 9, 2015 6 AM(Feb 9, 2015 to Feb 10, 2015) Mars Qucnx Ura

Accident prone! Possible surgery or sudden, unexpected stress can traumatize you. Carry Rescue Remedy (bfr) with you during this period and take on an "as needed basis" when you're caught in a crisis. Muscle pulls and strains are possible, try Arnica (hr). If ligaments/tendons involved, try Rhus. Tox. or Ruta. Grav. (hr). This is an explosive period for your emotions. You will probably be volatile, restless, energetic and lack focus or concentration. Try Calm's Forte (hr) to soothe and feed nerves, plus get rid of unwanted insomnia. If going in for surgery during this period consider the following hr's: Arnica for

bruising/trauma to tissue, and Calendula non-alcoholic liquid to speed up healing with less scarring taking place. Injury could take place on any vehicle (including airplanes). Be careful around fires (burns), firearms, appliances, knives or engines of any kind. Stay focused and remain alert, and you'll skate through this period unscathed. Don't become frenetic or unfocused. Accidents may then occur.

Feb 9, 2015 1 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Feb 9, 2015 8 PM(Feb 9, 2015 to Feb 10, 2015) Sun Sqr Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Feb 10, 2015 7 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Feb 10, 2015 7 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Feb 10, 2015 6 PM(Feb 9, 2015 to Feb 11, 2015) Sun Oppos Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

Feb 11, 2015 2 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Feb 11, 2015 11 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Feb 12, 2015 1 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Feb 13, 2015 4 PM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Feb 3, 2015 (peak date). Please refer to this date.

Feb 14, 2015 6 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Feb 9, 2015 (peak date). Please refer to this date.

Feb 14, 2015 11 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Feb 16, 2015 10 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then

they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Feb 17, 2015 12 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Feb 17, 2015 12 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Feb 17, 2015 9 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Feb 17, 2015 4 PM Moon Sqr Nep

This astrological influence (Moon Sqr Nep) also occurred on Feb 3, 2015 (peak date). Please refer to this date.

Feb 17, 2015 9 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Feb 18, 2015 9 AM Moon Sqr Merc

This astrological influence (Moon Sqr Merc) also occurred on Feb 4, 2015 (peak date). Please refer to this date.

Feb 18, 2015 11 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Feb 19, 2015 12 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Feb 14, 2015 (peak date). Please refer to this date.

Feb 19, 2015 3 AM(Feb 19, 2015 to Feb 20, 2015) Sun Qucnx Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Feb 19, 2015 9 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Feb 20, 2015 10 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Feb 16, 2015 (peak date). Please refer to this date.

Feb 20, 2015 11 PM(Feb 19, 2015 to Feb 22, 2015) Merc Qucnx Plu

Intense time of heightened activity which will press nerves to a possible breaking point. Protect them with Calm's Forte (hr). Possible mental burn out. Try Kali. Phos. (hr) to feed brain cells to keep going at intense pace successfully.

Feb 21, 2015 8 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Feb 17, 2015 (peak date). Please refer

to this date.

Feb 21, 2015 3 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Feb 22, 2015 2 AM(Feb 20, 2015 to Feb 23, 2015) Merc Conj Jup

Nerves are on edge and sweet things, especially sugar and desserts, will appeal greatly to you. Weight gain due to nervousness and over eating. If craving chocolate, try Sepia (hr) to neutralize it. Indigestion possible from nervousness. Try Lycopodium (hr). Possible B-1 deficiency which can also cause sugar craving.

Feb 22, 2015 (Feb 14, 2015 to Mar 3, 2015) Jup Sqr Sun

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Feb 23, 2015 12 AM Moon Sqr Sat

This astrological influence (Moon Sqr Sat) also occurred on Feb 10, 2015 (peak date). Please refer to this date.

Feb 23, 2015 1 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Feb 23, 2015 6 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs

during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Feb 24, 2015 12 PM(Feb 23, 2015 to Feb 25, 2015) Sun Oppos Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

Feb 24, 2015 1 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Feb 24, 2015 2 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Feb 25, 2015 9 AM(Feb 25, 2015 to Feb 26, 2015) Ven Qucnx Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food. Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If skin ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Feb 25, 2015 11 AM(Feb 25, 2015 to Feb 26, 2015) Merc Sqr Nep

Mentally feeling diffused and you may lack concentration. Try Kali. Phos. (hr) to stay alert and focused. Medical misdiagnosis possible--seek second opinion. Not a good time for surgery. Infection, malpractice or drug reaction may occur. Low tolerance to drugs in general--especially tranquilizers. Try Calm's Forte (hr), instead. The need to sleep more, and rest up. Do so.

Feb 25, 2015 11 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Feb 21, 2015 (peak date). Please refer to this date.

Feb 26, 2015 4 AM(Feb 25, 2015 to Feb 27, 2015) Ven Sxtil Jup

Over eating will be easy at this time--so, if you don't want a weight gain--monitor your intake of how much food you eat--plus WHAT you eat! There will be a definite desire for more sweets/sugar than usual. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr).

Feb 26, 2015 5 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Feb 17, 2015 (peak date). Please refer to this date.

Feb 27, 2015 6 AM(Feb 27, 2015 to Feb 28, 2015) Mars Qucnx Plu

Possible endocrine dysfunction, the Thyroid, Adrenals or Ovaries may be most suspect, but don't eliminate the others. Get tested if you're feeling under the weather. You're in a hard charging mode right now, the perfect workaholic syndrome. You have more energy, more drive right now, but it's a question as to whether your physical body can stand your fervent zeal. The body may break down if you don't get sufficient rest and stop going to extremes. If you exercise, do so moderately, otherwise, muscle injuries may develop. Try Arnica (hr). If there is injury to tendon/ligament, try Rhus. Tox. or Ruta. Grav. (hr). Adrenal exhaustion because of your extreme drive, may occur. Check out Pantothenic Acid deficiency symptoms. Possible blood problems, such as anemia. Check B-12 and Iron deficiency symptoms. Also, severe allergy problems. See B-12 or try Sabadilla (hr). Possible severe edema or water weight problems. Try Rhus. Tox. or Nat. Mur. (hr). If hives occurs, try Cantharis (hr). If skin breaks out, think about Sulphur (hr).

Feb 27, 2015 1 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Feb 28, 2015 11 AM(Feb 27, 2015 to Mar 1, 2015) Merc Sxtil Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

Feb 28, 2015 1 PM(Feb 27, 2015 to Mar 1, 2015) Mars Sxtil Jup

Over expansion can happen now! And that means adding to the waist line--so watch how much and WHAT you're eating! An excellent time to start a diet and burn off unwanted pounds--just don't go to extremes, make it sensible.

Feb 28, 2015 5 PM(Feb 27, 2015 to Mar 1, 2015) Sun Trine Nep

Health is more than just a physical thing, it embraces our mental attitudes, our emotions and our spirituality. In the case of this Neptune transit, it's a time to get in touch with our spiritual being. Meditation can be a wonderful healing tool or a furtherance to good health. A walk in a park, gardening, swimming or anything that you perceive as calming and restful, should be instituted during this time period. Water is extremely healing, whether you visit the ocean, lake or stream or take a bath!

Good health has a triangular foundation consisting of three building blocks: emotions, mental attitude and lastly, our spirituality. Read books pertaining to your belief system, get back in touch with the essence of yourself with the Cosmos/God. Go attend workshops that are about spirituality. It's time now to FEED your soul, not your physical body. Hard aspects can modify the above.

Feb 28, 2015 7 PM(Feb 27, 2015 to Mar 1, 2015) Ven Qucnx Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Mar 1, 2015 11 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 2, 2015 12 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 2, 2015 1 PM(Mar 1, 2015 to Mar 3, 2015) Merc Sqr Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Mar 2, 2015 7 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 3, 2015 2 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Mar 3, 2015 5 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 3, 2015 7 PM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 4, 2015 12 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Feb 27, 2015 (peak date). Please refer to this date.

Mar 4, 2015 7 PM(Mar 3, 2015 to Mar 6, 2015) Mars Qucnx Nep

Misdiagnosis of some vague health condition is very possible. Please seek second or third opinion. Be very careful taking any kind of drugs (including alcohol). There may be an allergic reaction, or adverse side effect from taking them. Allergies may crop up, try Sabadilla (hr). Entire immune system under heavy stress, and can fold easily. Colds/flu are especially rampant during this transit. Try Vit. C to stabilize immune system, along with Vit. A. Check out deficiency symptoms. A general feeling of lethargy, no energy and no reserves. Possible adrenal exhaustion and Pantothenic Acid may help. See deficiency symptoms. Rest and sleep are a must! Get plenty of both. This is NOT the time to push hard or be a workaholic. If you do/are, then you'll be catching a lot of viruses to slow you down! You are extremely susceptible to any bacterial/viral poisoning right now. If food poisoning or botulism, try Arsenicum (hr) to relieve immediately. If under constant stress, try Aconitum (hr) to relieve it, or Rescue Remedy (bfr). Grade fevers, vague complaints and no clear cut symptoms of illness, and yet, you may not be feeling in tip top condition. A good time to get a general physical examination! Anemia is possible. Check for deficiency of B-12 or Iron. Use condoms during intercourse--you are particularly susceptible to ANY and ALL kinds of reproductive bacterial/viral complaints.

Mar 4, 2015 11 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Mar 7, 2015 7 AM(Mar 7, 2015 to Mar 8, 2015) Merc Oppos Ura

Nerves are raw, and you're jumping, restless and taut. Possible electric shock or sudden, unexpected trauma situation presents itself. Use Rescue Remedy (bfr). Injuries to fingers and hands occur in odd, quirky ways. Insomnia. Try Calm's Forte (hr).

Mar 8, 2015 7 PM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 9, 2015 3 AM (Mar 9, 2015 to Mar 10, 2015) Mars Conj Ven

If feeling exhausted or excessively tired from the normal, possible anemia. May be deficient in either B-12 or Iron. Eating binges on sweets possible if you're trading real affection off for food. Communication with loved ones may be needed. If craving chocolate, try Sepia (hr). Skin may be drier than normal. Try Vit. E. If skin problems erupt, Sulphur (hr) may help. Weight gain because of ingesting too many sweets or starches.

Mar 9, 2015 1 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 9, 2015 1 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 10, 2015 8 AM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 11, 2015 6 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 11, 2015 7 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 11, 2015 4 PM(Mar 11, 2015 to Mar 12, 2015) Sun Sxtil Merc

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Mar 12, 2015 2 PM(Mar 11, 2015 to Mar 13, 2015) Sun Qucnx Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

Mar 13, 2015 12 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Mar 3, 2015 (peak date). Please refer to this date.

Mar 13, 2015 6 AM(Mar 13, 2015 to Mar 14, 2015) Merc Qucnx Mars

You're a case of nervous, and seemingly inexhaustible energy. Careful where you focus it. Possible injuries to fingers or hands, by burns or around mechanical contraptions. Muscle sprains or strains are also possible. If feeling "wired" try Calm's Forte (hr) which is designed to feed the nerves and quiet them.

Mar 13, 2015 2 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Mar 8, 2015 (peak date). Please refer to this date.

Mar 14, 2015 7 AM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 15, 2015 (Feb 21, 2015 to Apr 4, 2015) sat sqr plu

The Endocrine, or glandular system in a person's body may suffer during this transit. Possible area that should be tested, if you feel tired or worn out all the time, is the Thyroid. Or, if you suddenly becoming hyper and tense, with erratic heartbeats, that can also mean a dysfunctional thyroid, too. If you've been working hard, without much rest or relaxation, then the adrenal glands may be exhausted. Then, you can look to Vitamin C and Pantothenic acid to "feed" them so they will stabilize. It also means you must rest and recoup during this period. Another potential area for trouble is the Parathyroid gland, and either too much or not enough calcium is being released into the bloodstream. If concerned about this, check out calcium deficiency symptoms. If you have several of them, go to the doctor and have your parathyroid gland tested.

Bone and teeth problems can crop up under this transit. Lack of Calcium could be a root cause. If a root canal is eminent, get to a homeopathic doctor, for there are excellent remedies to halt the infection and inflammation, thereby saving you from an expensive dental bill! Bones may become more brittle during this period--again, from lack of necessary Calcium. You may want to increase foods that are high in Vitamin C, D and Calcium during this time period.

For women over 45, get a general physical to make sure you're not suffering from osteoporosis--something many women are susceptible to after this age. Arthritic symptoms may occur, although they will probably disappear or be less troublesome after the transit has left. Anything dealing with tendons, ligaments or joints can break down. There are several homeopathic remedies that can be considered: Arnica, Ruta Grav. and Rhus. Tox. (hr)

Skin ailments may arise, going from simple dry skin to possible dermatitis or psoriasis. Sulphur (hr) often helps any and all of these conditions. If dry skin, Vitamin A, D, E or F (fatty acids) may want to be considered. Check your deficiency symptoms against them.

Unfortunately, this transit can create poisoning of many kinds--even heavy metal poisoning. If you are ill, and are getting misdiagnosed, or nothing seems to help your condition, get tested for poisoning. At the other end of the spectrum, food poisoning is possible, so carry Arsenicum (hr), the food poison remedy, with you!

Mar 15, 2015 6 PM(Mar 15, 2015 to Mar 16, 2015) Ven Sqr Moon

Because your emotions are being battered, you may reach for sugar products or sweets to buoy you during this period. Check B-2 deficiency symptoms that may contribute to sweet hunger. Or, consider a B-complex during this period to support potentially depressed immune system. If you have hypoglycemia or diabetes, this period may bring about a crisis--watch food intake and insulin needs.

Mar 15, 2015 8 PM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then

they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 16, 2015 10 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 16, 2015 10 AM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 16, 2015 7 PM(Mar 16, 2015 to Mar 17, 2015) Merc Oppos Plu

Intense mental effort may be required. Kali. Phos. (hr) will support inundated brain cells. Nerves will be stretched thin and Calm's Forte' (hr) may help.

Mar 16, 2015 7 PM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Mar 17, 2015 2 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 17, 2015 7 AM(Mar 17, 2015 to Mar 18, 2015) Ven Sqr Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with

loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

Mar 17, 2015 8 AM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Mar 17, 2015 1 PM(Mar 17, 2015 to Mar 18, 2015) Ven Sqr Mars

If not getting proper support for your love and emotions, there is a tendency to replace it with sugar products or binge eating. Check for B-2 deficiency symptoms to curb sugar hunger. Skin may get dry during this period. Check Vitamin E deficiency symptoms. For women, possible problems with menstrual cycle. Vitamin E may help. Generally, if emotionally upset, indigestion which may be helped with Nat. Phos. (hr). Possible weight gain.

Mar 17, 2015 8 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 17, 2015 9 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 18, 2015 11 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Mar 14, 2015 (peak date). Please refer to this date.

Mar 18, 2015 8 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Mar 18, 2015 10 PM(Mar 17, 2015 to Mar 19, 2015) Sun Sxtil Moon

Today you'll feel great and on top of the world on all levels. Energy wise, you're ready to tackle the world. An excellent day for therapy, because it will be easy to dig into your unconscious and deeper emotional superstructure. If other hard aspects occur today, then some of your high energy will be modified or otherwise sublimated.

Mar 19, 2015 9 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Mar 15, 2015 (peak date). Please refer to this date.

Mar 20, 2015 7 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Mar 16, 2015 (peak date). Please refer to this date.

Mar 20, 2015 7 PM(Mar 19, 2015 to Mar 21, 2015) Sun Sxtil Sat

This is a period of marvelous, sustained energy for you. Your energy won't be sky high, but you will find that you have a reserve of energy to plod along for long periods without the normal need for rest or sleep. Mentally, you're strongly focused on your goals and what you want out of life. This makes for good health! Everything you do during this period, should be in moderation. A great time to diet and lose those unwanted pounds!! In fact, this is the BEST time to diet. You will be able to adhere to the diet regime with great success. Dietwise, you WANT to clean up your act. You will eat more sparingly throughout this period, and desire more vegetables, grains and fruit than meat or other "heavy" foods such as pastas, potatoes or other starches. If there are other hard aspects at this time, the above is modified to a degree.

Mar 21, 2015 2 AM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 21, 2015 2 AM(Mar 21, 2015 to Mar 22, 2015) Sun Trine Mars

A time of peak high energy physically. A period where you can work long hours without seemingly getting exhausted or drained. Utilize this time to accomplish much or finish up tasks that demand your attention. If other hard aspects are in effect at this time, this energy reserve will be modified.

Mar 22, 2015 11 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 22, 2015 11 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 22, 2015 9 PM(Mar 22, 2015 to Mar 23, 2015) Ven Sqr Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your inclination to over eat. Don't use food as a placebo for emotional needs.

Mar 22, 2015 11 PM(Mar 22, 2015 to Mar 23, 2015) Merc Sxtl Sun

For the next one or two days your mental skills will be at maximum. This is an excellent time to sharpen your skills mentally on whatever you choose. It could be attending a class, reading a book or teaching others. Mental energies are high, so take advantage of this time to do 'mental' things. It could be something as mundane as balancing the checkbook or esoteric as ruminating about the Cosmos. Nerves are steady, sleep is good and your mental outlook is positive. If there are other hard aspects going on now, the above will be modified to a degree.

Mar 23, 2015 3 AM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 23, 2015 10 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 23, 2015 11 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 25, 2015 7 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Mar 21, 2015 (peak date). Please refer to this date.

Mar 25, 2015 1 PM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on Mar 17, 2015 (peak date). Please refer to this date.

Mar 25, 2015 2 PM(Mar 25, 2015 to Mar 26, 2015) Ven Oppos Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Mar 26, 2015 12 PM(Mar 25, 2015 to Mar 27, 2015) Merc Quenx Ura

Nerves are taut, you're restless and super energized. Be careful around electrical appliances and plugs. Possible electric shocks. Accident prone--pay attention to what you're doing; don't lose focus or concentration. You may bump into things, and drop objects. Try Calm's Forte (hr) to soothe and feed your nerves.

Mar 26, 2015 1 PM(Mar 25, 2015 to Mar 27, 2015) Sun Qucnx Plu

Extremism now plays a vital part in your health--or lack of it, at this time. There are such volcanic forces alive and awakened within you that you may take on Herculean tasks, thinking you can finish them. You probably will, but at the expense of your physical body or suffer mental burn out. Try not to go overboard. Don't become a workaholic. Remember, moderation in ALL things is best, and that includes working, eating, and playing. Burn out is a good bet with this transit, so if you don't want to suffer the consequences of it, you'll put on the brakes and be reasonable.

Mar 26, 2015 8 PM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 27, 2015 1 PM(Mar 27, 2015 to Mar 28, 2015) Sun Sxtil Jup

The world appears in shades of rose colors and positives right now to you mentally and emotionally. It's a time of happiness, contentment and being at peace with yourself and those around you. This is an excellent time to diet and lose weight, if you need to. Reward yourself with the gift of education, whether it be through taking a school course, reading a book or simply learning by observing things or people around you. This is a time for rewards. Healthwise, you're in good shape, or as good as you can be. All systems are "go", and energy is constant, and sometimes, even excessive. "Bleed off" this energy in positive ways for yourself.

Some of you may be tempted to reward yourself with too many sweets, which can cause a weight gain--so watch this tendency throughout this period. Stick to a high carbohydrate diet, if possible, and lots of vegetables/fruits instead of meats, rich sauces and heavy desserts. Because you're feeling so good, you may go overboard in some way. Just make sure it's not on foods or sweets! Find your pleasures in a colorful sunset or watching a yellow and black Monarch butterfly waft through the blue sky on invisible wind currents. You feel beautiful and ARE beautiful. Share and connect with the beauty that is always all around you during this time. Hard aspects from other planets that may be in effect now may modify the above.

Mar 28, 2015 11 PM(Mar 27, 2015 to Mar 30, 2015) Mars Sqr Moon

For women, possible menstrual/menopausal problems. Abnormal menstrual bleeding, try Kali. Mur. (hr). If getting "hot flashes" try Sepia (hr). A focus on the breasts and uterus during this period. Possible water retention/swelling. Check for Potassium deficiency. Limit intake of salt, which helps cause this condition. Try Nat. Mur. (hr) to curb salt craving. For both sexes: If tired and exhausted, check for anemia.

Emotions will be emphasized, and if negative, depress the immune system, leaving you ripe for colds or flu. Try a B-Complex to support system if under duress. Or use in conjunction with Vit. C. Over consumption of dairy products (milk, cheese, ice cream)--limit your intake.

Mar 29, 2015 6 AM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Mar 29, 2015 6 AM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Mar 30, 2015 1 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Mar 30, 2015 8 AM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Mar 30, 2015 8 PM(Mar 29, 2015 to Mar 31, 2015) Sun Qucnx Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

Mar 30, 2015 11 PM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Mar 31, 2015 1 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Mar 31, 2015 11 AM(Mar 31, 2015 to Apr 1, 2015) Mars Sqr Sat

Bone related ailments may crop up at this time. This is a "grit your teeth" time, so problems with teeth, fillings or root canals can manifest. If a root canal is eminent, try Hepar. Sulph. (hr) to get rid of infection and settle the tooth back to normal. Bone breaks, try Symphytum (hr). Possible phlebitis, try Vit. C and E. Anemia is possible. Check B-12 deficiency symptoms. Arthritic conditions may pop up. Check Calcium and Magnesium (Dolomite) and Vit. D for deficiency symptoms to halt. Ruta Grav. or Rhus. Tox. (hr) may also give relief. Gallbladder problem can be helped with lecithin. In general, a period that breeds frustration, which manifests in a pressure cooker of feelings being blocked up inside of you. If the energy is not "drained" or released, it may make you prone to accidents in general, but especially involving cars, knives, firearms, fires (burns) and appliances. Other kinds of accidents could involve muscle pulls, try Arnica (hr). If tendon/ligament involved, try Ruta. Grav. or Rhus. Tox. (hr). Try to deal positively with the frustration you're having to endure with mild exercise, meditation or music to help "bleed off" excess energy.

Mar 31, 2015 6 PM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Mar 26, 2015 (peak date). Please refer to this date.

Apr 1, 2015 6 AM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Apr 3, 2015 12 AM(Apr 2, 2015 to Apr 3, 2015) Merc Qucnx Plu

Intense time of heightened activity which will press nerves to a possible breaking point. Protect them with Calm's Forte (hr). Possible mental burn out. Try Kali. Phos. (hr) to feed brain cells to keep going at intense pace successfully.

Apr 3, 2015 4 AM(Apr 2, 2015 to Apr 4, 2015) Sun Conj Ven

The desire for sweets can be overwhelming during this short period. Chocoholics will want to binge. trade your sweet tooth for fresh fruit instead, and avoid a weight gain!

Apr 4, 2015 2 PM(Apr 4, 2015 to Apr 5, 2015) Ven Sqr Ura

Sudden binge eating episodes or craving for sugar. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Blood pressure may change--if under sudden, traumatic stress, have it checked out. Sudden and unexpected skin changes. Check for Vit. E deficiency symptoms. Or, if sudden skin ailments erupt, try Sulphur (hr).

Apr 5, 2015 1 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 5, 2015 4 AM(Apr 4, 2015 to Apr 6, 2015) Merc Qucnx Nep

Mentally feeling confused, disoriented, poor sense of time and in general, sluggish or lethargic. Mind won't focus well. You may want to sleep or lay around and rest more than usual--do so. Kali. Phos. (hr) will help keep mind sharp and concentration will return. Potential misdiagnosis by health practitioner--get a second opinion! Poor time to do surgery--possible infection, malpractice or reaction to drug(s) and/or anesthesia. Apathy.

Apr 5, 2015 7 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Apr 5, 2015 7 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Apr 6, 2015 2 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Apr 6, 2015 7 PM(Apr 6, 2015 to Apr 7, 2015) Merc Conj Ven

Because you may be nervous and more on edge than normal, you could develop a mild sweet tooth and crave sugar and desserts more than normal. Mentally, you're in a good state of mind and happy.

Apr 7, 2015 11 AM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 7, 2015 1 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Apr 9, 2015 5 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Mar 30, 2015 (peak date). Please refer to this date.

Apr 9, 2015 2 PM(Apr 8, 2015 to Apr 10, 2015) Mars Sqr Jup

Check cholesterol and triglycerides level. If excessively tired or fatigue, it may be Anemia, and a greater need for B-6 to assimilate iron. Check for deficiency. Without enough B-6, B-12 and Iron cannot be assimilated. Possible liver dysfunction may show up as indigestion. Try Chelidonium (hr). Lecithin helps lower cholesterol and triglyceride levels, and also aids in digestive processes that involve the liver. A good time to initiate a diet or some form of exercise. Metabolism burns at a faster rate, therefore easier to take off unwanted pounds. Muscle strains possible, try Arnica (hr). Possible ligament/tendon injury, try Ruta Grav. or Rhus. Tox (hr). FOR MEN: possible prostate enlargement--may be due to lack of Zinc. Check for deficiency.

Apr 9, 2015 8 PM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on Apr 5, 2015 (peak date). Please refer to this date.

Apr 10, 2015 1 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Apr 11, 2015 10 PM(Apr 10, 2015 to Apr 12, 2015) Sun Trine Ura

This is one time that you can view stress as a positive, exhilarating and exciting "high." Your nerves are like steady, steel cables, so you can take the brute force of ANY kind of stress and turn it into a positive. Unexpected things happen in your daily life, but you'll be able to cope with them magnificently. Your health is prime, and you can take anything the world throws at you during this period. If hard aspects are in effect, the above may be modified.

Apr 12, 2015 3 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Apr 12, 2015 5 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Apr 12, 2015 6 PM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Apr 13, 2015 3 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied

is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Apr 13, 2015 10 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Apr 13, 2015 4 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Apr 14, 2015 12 AM(Apr 13, 2015 to Apr 14, 2015) Merc Sqr Moon

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 14, 2015 12 AM(Apr 12, 2015 to Apr 15, 2015) Mars Oppos Nep

Misdiagnosis of some vague health condition is very possible. Please seek second or third opinion. Be very careful taking an kind of drugs (including alcohol). There may be an allergic reaction, or adverse side effect from taking them. Allergies may crop up, try Sabadilla (hr). Entire immune system under heavy stress, and can fold easily. Colds/flu are especially rampant during this transit. Try Vit. C to stabilize immune system, along with Vit. A. Check out deficiency symptoms. A general feeling of lethargy, no energy and no reserves. Possible adrenal exhaustion and Pantothenic Acid may help. See deficiency symptoms. Rest and sleep are a must! Get plenty of both. This is NOT the time to push hard or be a workaholic. If you do/are, then you'll be catching a lot of viruses to slow you down! You are extremely susceptible to any bacterial/viral poisoning right now. If food poisoning or botulism, try Arsenicum (hr) to relieve immediately. If under constant stress, try Aconitum (hr) to relieve it, or Rescue Remedy (bfr). Grade fevers, vague complaints and no clear cut symptoms of illness, and yet, you may not be feeling in tip top condition. A good time to get a general physical examination! Anemia is possible. Check for deficiency of B-12 or Iron. Use condoms during intercourse--you are particularly susceptible to ANY and ALL kinds of reproductive bacterial/viral complaints.

Apr 14, 2015 5 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 14, 2015 6 AM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Apr 14, 2015 8 PM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on Apr 10, 2015 (peak date). Please refer to this date.

Apr 14, 2015 9 PM(Apr 14, 2015 to Apr 15, 2015) Merc Sqr Sat

Mentally you may find yourself pessimistic or in a mild state of gloom. If nerves are frayed, rest. This is a time to sit back and ease off the throttles or a cold may catch up with you as a result. Try Calm's Forte (hr) to supplement the nerves during this time period.

Apr 15, 2015 1 AM(Apr 14, 2015 to Apr 16, 2015) Merc Sqr Mars

Nervous and skittish, you're wired for action. You may leap before you look, causing possible bruises, muscle strains or sprains. If working around mechanical things, be careful, your fingers or hands could suffer in a mild mishap. At home, especially in the kitchen, look out for burned fingers, or burns around a fire. Try Calm's Forte (hr) to feed and therefore, calm your screaming nerves. Take some deep breaths and "chill out."

Apr 15, 2015 5 AM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Apr 16, 2015 8 AM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on Apr 12, 2015 (peak date). Please refer

to this date.

Apr 16, 2015 10 AM(Apr 16, 2015 to Apr 17, 2015) Ven Sqr Plu

Binge eating indicated here because you're not getting the love from those around you, and you may replace that need with food Watch it! Intense sugar/sweet craving. Possible B-2 deficiency symptom here. Check for deficiency. If craving chocolate, try Sepia (hr). Skin problems. Check for Vit. E deficiency. If ski ailments arise, think of Sulphur (hr) to help them. If hypoglycemic or diabetic, problems could arise--so don't skip meals and monitor blood glucose levels for insulin needs. Indigestion that may be a Niacin lack--check deficiency symptoms.

Apr 17, 2015 6 AM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on Apr 13, 2015 (peak date). Please refer to this date.

Apr 17, 2015 7 AM(Apr 16, 2015 to Apr 18, 2015) Ven Trine Jup

Over eating will be easy at this time--so, if you don't want a weight gain--monitor your intake of how much food you eat--plus WHAT you eat! There will be a definite desire for more sweets/sugar than usual. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr).

Apr 17, 2015 1 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Apr 18, 2015 2 AM(Apr 18, 2015 to Apr 19, 2015) Merc Sqr Jup

You're jumpy and nervous; try to relax and don't blow things out of proportion. There is a tendency to over eat because of your nerves. Curb your bingeing tendency by working it off in exercise of some kind.

Apr 18, 2015 8 AM(Apr 18, 2015 to Apr 19, 2015) Sun Sqr Moon

More than likely your emotions are apt to be flaring or over reacting to the people or environment around

you. Energy levels may fluctuate and you may not feel like doing too much. Rest is indicated, not hard charging activity. Take the day, or at least an hour in it, to get in touch with your emotions and where you're at with them. Chances are, if you have an emotional conflagration, there is something deeper bothering you. This is an excellent time to probe your own depths with honesty and forthrightness. If you try to evade or escape your feelings, then the day could turn into the "blahs" with mild depression setting in.

Apr 18, 2015 (Feb 11, 2015 to June 25, 2015) plu trine sun

This is one of the most powerful feeling times of your life. Your energy is at its highest level, and you perceive the world in positives. The ability to endure and call upon a second round of strength to pursue your goals or needs, is there. Vitality and bodily health are at a peak. Use it wisely and don't go to extremes by abusing the privilege of your body or mind. No matter what kind of illness you get during this period (if any), whether acute or chronic, you'll be able to throw it off quickly and completely. This is one of the most healing transits known. Any cure is possible right now, so begin taking the steps to complete health for yourself: mentally, emotionally, spiritually as well as physically.

This is the BEST time for therapy. If willing to plumb the depths of your own emotional matrix and what you've suppressed up until now, you will be successful in "cleaning" yourself out. This will guarantee good health in the decades to come. So, it's worthwhile to consider some form of therapy, of getting in touch with yourself and cleaning out the bins of your subconscious. Go for it! You'll be successful!

Apr 18, 2015 9 PM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Apr 18, 2015 10 PM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Apr 19, 2015 2 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Apr 19, 2015 4 PM(Apr 19, 2015 to Apr 20, 2015) Merc Oppos Nep

If ill during this period and you must go to a doctor, beware of misdiagnosis! If serious, seek a second or even a third opinion. Test results may be inaccurate, switched or lost! Mentally fuzzy and unfocused. Try Kali. Phos. (hr) to keep mental clarity and sharpness. The need to sleep longer, and rest up more.

Apr 20, 2015 2 AM(Apr 20, 2015 to Apr 21, 2015) Ven Qucnx Nep

If hypoglycemic or diabetic, pay attention to diet and insulin needs during this period. Unconsciously eating a lot of sugar/sweets as a placebo for the love you're not receiving from those around you. Check for B-2 deficiency symptoms. If craving chocolate, try Sepia (hr). Infections involving the skin may arise. Try Sulphur (hr). If skin doesn't seem as healthy as it could be, check for Vit. E deficiency symptoms. If going to a doctor, possible misdiagnosis. Get a second opinion! Problems with any kind of drug (including alcohol), and possible allergic reaction to it. Medical tests can be lost, switched or WRONG. Blood sugar problems (hypoglycemia/diabetes) may be root cause of many other symptoms. Get proper tests to confirm or deny. Weight gain possible.

Apr 20, 2015 6 AM(Apr 20, 2015 to Apr 21, 2015) Sun Sqr Sat

Bone and teeth ailments may crop up at this time. Go have a dental check up. Arthritis may rear it's head. Homeopathic remedies such as Byrionia, Ruta Gravalens and Calc. Carb. may help such a condition, but needs to be treated by a homeopathic M.D. for best long term results. Now is the time to get your case taken!

Apr 20, 2015 8 AM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 20, 2015 10 AM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Apr 20, 2015 1 PM(Apr 20, 2015 to Apr 21, 2015) Sun Sqr Mars

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up

(a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Apr 21, 2015 5 PM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on Apr 17, 2015 (peak date). Please refer to this date.

Apr 21, 2015 10 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Apr 21, 2015 10 PM(Apr 20, 2015 to Apr 23, 2015) Mars Conj Sun

If you're in too much of a hurry, blindly rushing hither, thither and yon, chances are you're going to end up (a) bruising yourself (b) cutting yourself with a knife or other sharp object (c) straining or spraining a muscle or, at it's worst (d) getting into some kind of accident--all because you're in too much of a hurry and aren't paying adequate attention to what you're doing. SLOW DOWN. There's plenty of energy popping and crackling around you, but unfocused and allowed to run rampant will place you in the "accident mode"--particularly with engines, tools and cars.

Apr 22, 2015 2 PM(Apr 22, 2015 to Apr 23, 2015) Merc Conj Sun

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

Apr 23, 2015 5 AM Moon Qucnx Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude

and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Apr 25, 2015 1 PM Moon Oppos Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

Apr 25, 2015 2 PM Moon Conj Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

Apr 25, 2015 9 PM(Apr 25, 2015 to Apr 26, 2015) Merc Sqr Ura

Accidents can occur! Your nervous energy makes you frazzled and unfocused, which puts you in that mode. Pay attention to your driving! Concentrate! Nerves are taut, and insomnia is a possibility. Help with Calm's Forte (hr).

Apr 26, 2015 3 AM(Apr 26, 2015 to Apr 27, 2015) Sun Trine Plu

This is one of the most powerful feeling times of your life. Your energy is at its highest level, and you perceive the world in positives. The ability to endure and call upon a second round of strength to pursue your goals or needs, is there. Vitality and bodily health are at a peak. Use it wisely and don't go to extremes by abusing the privilege of your body or mind. No matter what kind of illness you get during this period (if any), whether acute or chronic, you'll be able to throw it off quickly and completely. This is one of the most healing transits known. Any cure is possible right now, so begin taking the steps to complete health for yourself: mentally, emotionally, spiritually as well as physically.

This is the BEST time for therapy. If willing to plumb the depths of your own emotional matrix and what you've suppressed up until now, you will be successful in "cleaning" yourself out. This will guarantee good health in the decades to come. So, it's worthwhile to consider some form of therapy, of getting in touch with yourself and cleaning out the bins of your subconscious. Go for it! You'll be successful!

Apr 26, 2015 9 AM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of

confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

Apr 26, 2015 3 PM Moon Trine Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

Apr 27, 2015 3 AM(Apr 26, 2015 to Apr 28, 2015) Sun Sqr Jup

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.

Apr 27, 2015 7 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

Apr 27, 2015 8 AM Moon Conj Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

Apr 28, 2015 1 AM Moon Qucnx Sat

This astrological influence (Moon Qucnx Sat) also occurred on Apr 23, 2015 (peak date). Please refer to this date.

Apr 28, 2015 12 PM Moon Conj Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

Apr 29, 2015 3 AM(Apr 27, 2015 to Apr 30, 2015) Mars Conj Merc

Your nerves are the focus. If stretched too thin, or feel raw, try Calm's Forte (hr) to soothe and feed them during this period. A lot of stress is applied to you and results may be restlessness, insomnia or a tautness (unable to unwind and relax). Watch out for injuries involving your fingers and hands. Be alert around any kind of machinery, knives or appliances at this time. Loss of focus and concentration may set you up for an accident. If alert, you'll be fine. Possible nerve inflammation (Bell's Palsy). Check for B-1 deficiency symptoms. If nerves are injured, consider Hypericum (hr).

Apr 30, 2015 10 AM(Apr 30, 2015 to May 1, 2015) Mars Sqr Ura

Accident prone! Possible surgery or sudden, unexpected stress can traumatize you. Carry Rescue Remedy (bfr) with you during this period and take on an "as needed basis" when you're caught in a crisis. Muscle pulls and strains are possible, try Arnica (hr) If ligaments/tendons involved, try Rhus. Tox. or Ruta. Grav. (hr). This is an explosive period for your emotions. You will probably be volatile, restless, energetic and lack focus or concentration. Try Calm's Forte (hr) to soothe and feed nerves, plus get rid of unwanted insomnia. If going in for surgery during this period consider the following hr's: Arnica for bruising/trauma to tissue, and Calendula non-alcoholic liquid to speed up healing with less scarring taking place. Injury could take place on any vehicle (including airplanes). Be careful around fires (burns), firearms, appliances, knives or engines of any kind. Stay focused and remain alert, and you'll skate through this period unscathed. Don't become frenetic or unfocused. Accidents may then occur.

Apr 30, 2015 11 AM(Apr 30, 2015 to May 1, 2015) Sun Oppos Nep

Virus and bacterial "bugs" may dog your heels. Your immune system is not as strong as it could be. Vitamin C and Pantothenic Acid may help during this period to bolster it. Also, it's a good time to get to a Homeopathic M.D. and treated with a remedy to help support your beleaguered immune system.

May 2, 2015 7 AM Moon Qucnx Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 3, 2015 1 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

May 3, 2015 2 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 3, 2015 9 PM Moon Conj Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 4, 2015 6 PM Moon Oppos Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 4, 2015 7 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 5, 2015 12 PM(May 4, 2015 to May 6, 2015) Merc Sqr Plu

Nerves will be tested and they may feel raw. Restless and nervous, Calm's Forte (hr) will help support them during this period. Intense mental effort may be required. Try Kali. Phos. (hr) to stop from getting burn out.

May 6, 2015 3 AM(May 6, 2015 to May 7, 2015) Ven Qucnx Moon

A desire for more sweets or desserts at this time. There may be a need for extra B-2 during this time period to help curb excess sugar hunger. Check for deficiency symptoms.

May 6, 2015 11 AM Moon Trine Ven

This astrological influence (Moon Trine Ven) also occurred on Apr 26, 2015 (peak date). Please refer to

this date.

May 7, 2015 1 AM Moon Qucnx Merc

This astrological influence (Moon Qucnx Merc) also occurred on May 2, 2015 (peak date). Please refer to this date.

May 7, 2015 6 PM Moon Qucnx Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 7, 2015 8 PM(May 6, 2015 to May 8, 2015) Ven Qucnx Sat

Appetite may be suppressed due to emotions. An excellent time to start a diet. Skin may be dry, so check for Vit. E deficiency symptoms. Also, if skin problems crop up, try Sulphur (hr). If wrestling with loved one on emotional issues during this time, the immune system could depress. Extra Vitamin C may be needed to stave off possible colds/flu that could result. Protect skin against sunburn. If sunburned, try Calendula lotion (hr).

May 9, 2015 9 AM Moon Qucnx Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 9, 2015 11 PM Moon Conj Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

May 10, 2015 12 AM Moon Oppos Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 10, 2015 1 AM(May 10, 2015 to May 11, 2015) Merc Qucnx Nep

Mentally feeling confused, disoriented, poor sense of time and in general, sluggish or lethargic. Mind won't focus well. You may want to sleep or lay around and rest more than usual--do so. Kali. Phos. (hr) will help keep mind sharp and concentration will return. Potential misdiagnosis by health practitioner--get a second opinion! Poor time to do surgery--possible infection, malpractice or reaction to drug(s) and/or anesthesia. Apathy.

May 10, 2015 9 AM Moon Qucnx Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

May 10, 2015 4 PM Moon Sqr Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 10, 2015 10 PM Moon Sxtil Ven

There will be the temptation to indulge in extra sweets or desserts during this period. If craving chocolate, try Sepia (hr).

May 11, 2015 11 AM Moon Sqr Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's Forte (hr).

May 11, 2015 1 PM Moon Oppos Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 11, 2015 7 PM(May 10, 2015 to May 12, 2015) Sun Conj Merc

Your nerves may suffer today and become drawn and taut due to a situation within yourself or around you. The day may stress your nervous system. If severe, Calm's Forte may "feed" your nervous system so that it can operate at maximum efficiency during this "push comes to shove" period, which will only last two days at the most. A good time to meditate, take a walk or do something beneficial to ease the strain on yourself. Insomnia may occur due to an overactive mind that won't shut down for sleep. Calm's Forte (h) or White Chestnut (bfr) may help.

Look to your mental (Mercury) attitude to see if you're contributing to the way you're reacting to this transitory stress. A change in attitude may be all that's required!

May 12, 2015 3 AM Moon Qucnx Mars

This astrological influence (Moon Qucnx Mars) also occurred on May 7, 2015 (peak date). Please refer to this date.

May 12, 2015 12 PM Moon Oppos Plu

An highly intense emotional period. Be prepared for an emotional marathon where you're possibly "running on your feelings" or your emotions are catapulting you into a situation. If the stress being applied is positive, no problem. However, if you perceive it as negative stress, then the immune system will depress, possibly leaving you open for a cold or flu to follow shortly after the emotional "blow out."

May 12, 2015 6 PM(May 12, 2015 to May 13, 2015) Sun Sqr Ura

Your nerves may be strained or on the verge of being shot during this period. Sudden, unexpected stress, much like a hammer slamming into a crystal glass, can disrupt the continuity of your life. Healthwise, it will directly affect your nervous system. Calm's Forte (h) may help feed your screaming nerves so that you can not only unwind, but relax and avoid insomnia.

May 13, 2015 3 PM Moon Qucnx Ura

This astrological influence (Moon Qucnx Ura) also occurred on May 9, 2015 (peak date). Please refer to this date.

May 13, 2015 11 PM(May 13, 2015 to May 14, 2015) Ven Qucnx Jup

There is a tendency to over eat with great ease here. Bingeing is possible! If craving sweets, check for a B-2 deficiency. If craving chocolate, try Sepia (hr). Moderate weight gain possible if you don't curb your

inclination to over eat. Don't use food as a placebo for emotional needs.

May 14, 2015 2 PM Moon Qucnx Plu

This astrological influence (Moon Qucnx Plu) also occurred on May 10, 2015 (peak date). Please refer to this date.

May 14, 2015 9 PM Moon Qucnx Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking any medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 16, 2015 7 AM Moon Sqr Mars

Possibility of emotional flare ups that could manifest as anger. For women, uterine complaints connected with menstrual cycle.

May 16, 2015 7 AM Moon Sqr Sat

Mild depression may lurk around, but it's only temporary. Wanting to be alone or quiet. Seek solitude and quiet as a positive health outlet. Meditate, go for a quiet walk with Nature, or do something that appeals to your inner needs.

May 16, 2015 11 PM Moon Oppos Nep

If ill and going to doctor, be VERY careful of misdiagnosis. Seek a second opinion. Medical tests run during this time are suspect of being inaccurate, switched or lost. Problems with taking an medical drugs during this time--adverse side effects or perhaps allergic reaction--be careful! Otherwise, a period of confusion, lethargy and even exhaustion. A time to catch up on sleep. Rest is indicated, otherwise you're susceptible to colds or flu. This should be a day of quiet to feed your spirit and inner being. Meditation, yoga or other more spiritually oriented work outs are best.

May 17, 2015 6 PM Moon Conj Merc

Nerves may play havoc on emotions during this period. Restless and may have insomnia. Try Calm's

Forte (hr).

May 17, 2015 7 PM Moon Sqr Ura

Accidents may happen. If you have not cleared out emotions such as anger, frustration or disgust, then they may manifest as a small accident. Remain focused and pay attention to what you're doing--don't be drawn off by some emotional situation that is still hanging around you.

May 17, 2015 8 PM(May 13, 2015 to May 24, 2015) Merc Sxtil Ven

You're in a pleasant and happy state of mind. Rewards pop to mind and you're liable to reach for more desserts or sweets than usual. Careful! You don't want to gain weight. Moderation, please.

May 19, 2015 3 AM Moon Qucnx Nep

This astrological influence (Moon Qucnx Nep) also occurred on May 14, 2015 (peak date). Please refer to this date.

May 19, 2015 6 AM(May 18, 2015 to May 20, 2015) Sun Trine Moon

Today you'll feel great and on top of the world on all levels. Energy wise, you're ready to tackle the world. An excellent day for therapy, because it will be easy to dig into your unconscious and deeper emotional superstructure. If other hard aspects occur today, then some of your high energy will be modified or otherwise sublimated.

May 19, 2015 8 AM Moon Sxtil Ven

This astrological influence (Moon Sxtil Ven) also occurred on May 10, 2015 (peak date). Please refer to this date.

May 20, 2015 merc sxtil ven

This astrological influence (merc sxtil ven) also occurred on May 17, 2015 (peak date). Please refer to this date.

May 23, 2015 (May 15, 2015 to May 31, 2015) Jup Sqr Sun

For some, it can mean a weight gain. This is a good time to watch WHAT you're eating. Sweets will

beckon, but resist. Starches, in the form of pasta, may look great, too. Dietwise, stick with brown rice, lots of slightly steamed or raw vegetables and use fresh fruit as a "candy" source, instead of chocolates and the like.